

leschinews

Leschi Community Council is a participating member of the Seattle Community Council Federation

YOU ARE INVITED!

March 1 at 7pm

A unique opportunity awaits you at the next Leschi meeting where you will be guided through an art exhibit by the artist himself rather than a docent. Local artist Lawrence Pitre will show more than 30 original paintings in his We Are One series. Lawrence, who studied under Jacob Lawrence, tells about his entrance into the art world on page 4.

Grace Methodist Church (downstairs meeting room)
722 30th Ave S, Seattle, WA 98144

inside the news

- 3 Public Safety
- 7 Powell Barnett, Part 2
- 8 A Nation Under Stress
- 13 Congrats to Golden Wheat Bakery



**SAVE
THE DATE**

**LESCHI CC MEETING
APRIL 5 AT 7PM**

President's Message

Hello Fellow Leschi Dwellers,

It's exciting that the days are getting longer, and every once in a while, we get teased by a spring-like day. I say, bring them on.

Our Public Safety meeting was well attended February 1st. This will be ongoing, and we are actively looking for community members to pitch in and become part of this committee. A little time or a little more time—whatever you can do, please consider. Ashley, our LCC Communications Chair, is spearheading the efforts. Please contact her at leschicouncil@gmail.com for more information.



Wednesday, March 1st, is our next LCC monthly meeting. You are in for a real treat! Lawrence Pitre, a renowned Leschi/Seattle artist is doing a “walk + talk” tour. He will have over 30 works displayed and plans to discuss pertinent facts, feelings and history of his work. Again, we are meeting in the large room downstairs at the Grace Methodist Church, one block south of CASC on 30th S. We will begin at 7pm and look forward to enjoying Lawrence's work.

It's interesting to reflect how far we've come in our world. For some it has changed too fast, but to look at how far communication has come. I remember growing up, our first house had one 10-party line. Then came semi-private, then private line—2 phone lines were rare.

A cartoon of the Jetsons was posted the other day. I remember the Jetsons from childhood. They depicted the following in scenes: Zoom meetings, online classes, teledoc and FaceTime. Pretty amazing!

As we move into spring, perhaps it's time to try something new. A museum, coffee shop or a new class at any of many locations. The Central Area Senior Center (we refer to as CASC) has a plethora of events, classes, hobbies, friendship, community and great lunches. Reach out to someone you hardly know and see what unique thing you discover about them. Be curious. Volunteer. It is said, there is joy in giving. There is also joy in receiving. A smile, a kind word, an acknowledgment of thoughtfulness—so many choices.

My wish for you this month is that you realize you have many people around you who care. May you know that you are part of a lovely little part of Seattle that has a personality and ambiance all its own. Make it yours

Kind regards,

Janice Merrill Brown

President, Leschi Community Council

“The best way to predict the future is to invent it.” ~Frank Maguire

Like us on Facebook: **LESCHI**
and visit our website: leschinews.com

Leschi Community Council

140 Lakeside Ave. Suite A #2
Seattle WA 98122-6538

President

Janice Merrill Brown

janicemb@comcast.net

Vice President

Trevor Lalish-Menagh

trev@trevreport.org

Secretary

Yun Pitre

yun.pitre@comcast.net

Treasurer

Matthias Linnenkamp

leschitreasurer@gmail.com

Program Chair

Diane Snell, leschinews@comcast.net

Communications Chair

Ashley Martin

aem98144@gmail.com

Parks and Greenspace

John Barber, 206.324.1548

barber-osa@comcast.net

Land Use Chair

Jeff Floor, jfloor@gmail.com

Public Health

Safety

Leschi Business Associate

Yousef Shulman

yousef@leschimarket.com

Newsletter Editor and Advertising

Diane Snell, 206.726.0923

leschinews@comcast.net

Production Designer

Rachelle Abellar

rabellar@gmail.com

Leschi News is published monthly except July and August by the Leschi Community Council, 140 Lakeside Ave. Suite A #2, Seattle WA 98122.

Editor: Diane Snell, Issue #385

This newsletter is printed by

Pacific Publishing on recycled paper.

Please share with a friend.



PUBLIC SAFETY

The LCC hosted a community meeting about public safety on Feb 1. About 35 community members came together. We were joined by the SPD's Crime Prevention Coordinator, Joseph Elenbaas, two lieutenants from the SPD and King County Council member, Girmay Zahilay. In my opinion, it was encouraging to see a strong community turnout and solid support from the SPD and one of our elected officials. And one of the clear takeaways is that this is not a "one and done" issue and it needs more attention and engagement.

The SPD shared statistics about the crime rates in Leschi compared to our surrounding neighborhoods. Ranked in ascending order for general crime rates Madison Park had the lowest, followed by Leschi/Madrona, Mt. Baker then the Central District. We will follow up with the details, but SPD's point about the crime trends were that they were trending down and that trend behavior was in line with the City of Seattle.

There were a number of questions related to police response, including time to respond and priority levels of incidents. The SPD staff roster is down significantly right now, by about 200 positions. This is mostly due to normal attrition, such as retirements and transfers to other departments. We learned that on any given night there are about a dozen patrol cars active in the East precinct. The 911 dispatch is no longer run by SPD but by the City of Seattle, and the dispatch team prioritizes the calls.

SPD emphasized the importance of reporting issues or incidents. They and the city need data on the frequency and types of issues. Without reporting they don't exist for the purposes of planning and assigning resources. Community members can also report issues online, package theft being one good example. The website is seattle.gov/police/need-help/online-reporting.

There were additional questions related to the break-ins local businesses have been experiencing and about progress on Seattle's Vision Zero initiative which focuses on pedestrian safety. Council member Zahilay shared examples of positive results other neighborhoods like Rainier Beach and the Little Saigon neighborhood have realized when the communities brought together multiple organizations to address a public safety issue. Sometimes it takes collaboration between SPD, Parks, City Light, and SDOT, to name a few.

What's next?

- The LCC will form a public safety committee to align as a community on priority issues and work to address them.
- The LCC will reach out to the East Precinct to discuss the potential of restarting the monthly EastPAC meetings, which SPD and community members have both said was a good regular engagement in the past.
- This November we will be electing a new representative of our district to the City Council. The LCC will host a candidate forum in the fall where you will have the opportunity to ask candidates about their plans for addressing public safety issues.
- We plan to publish more public safety information in the Leschi News on a regular basis.

Ultimately, we want the community to get involved. If public safety is of concern to you, work with our public safety committee to address it. Please email Ashley Martin at leschicouncil@gmail.com if you are interested in getting involved or if you have any questions.

~Ashley Martin

GROCERY OUTLET
bargain market

Frozen Foods • Deli • Meat • Fresh Produce • Beer & Wine
Household Goods • Health & Beauty
Natural and Organic Products • And so much more!

*Luck is always on
your side
when you shop at
Grocery Outlet!*

**Overshop.
Underspend.™**

1126 Martin Luther King Jr. Way
Seattle, WA 98144
206-302-1005
8 am - 10 pm Every Day!

LESCHI LAW
• ESTATE PLANNING & PROBATE •

ERIN FAIRLEY
ATTORNEY

LESCHI LAW, PLLC • 121 LAKESIDE AVENUE, SUITE B • SEATTLE, WA 98122
PHONE: 206 353-4625 • EMAIL: ERIN@LESCHILAW.COM • WWW.LESCHILAW.COM

Neighborhood and Beyond



MARCH LESCHI MEETING: "WE ARE ONE"

Lawrence Pitre: Artist Statement:

“When I was six my parents gave me something that changed my life. Painting by the numbers, they called it. Art is creativity and expression, my mother would say. And with that in mind, I found myself in a world where process, not product, became my instrument for life. In retrospect my present application derives wholly from an inner need to continue building on my earlier creative endeavors.

Based on my experiences, each original piece starts with an aging process and is filtered with optimism and passion. The materials used are hand selected with themes drawn on current and/or past occurrences. The colors within the pallet are lustrous, radiant, and saturated, creating a cozy yet warm environment. I use textured paper to create illusions which provide emphasis, rhythm, and contrast. My usage of lines varies in each process giving my audiences a stable yet dramatic feel by defying gravity.

Utilizing my prior explorations as building blocks, I channel from previous series into new ideas. Currently I am exploring three-dimensional art stretching height, width, and depth. This is challenging for me because of linear perspectives, the knowledge of structures and functions, but most of all because of the range of subject matter, symbolism,

and ideas. Overall, each exploration continues to provide me with new meaning and substance as I emerge from my earlier endeavors to the future.”

Exhibit and tour: March 1 at 7pm, Grace Methodist Church in downstairs meeting room.

SHULMAN MEMORIAL MEETING

The Parks and Greenspace Committee will hold a meeting to discuss the proposal of the Friends of Steve Shulman to develop a picnic shelter in Leschi Park on Thursday, March 16, at 7pm in the Solarium Room of the Central Area Senior Center, 500 30th Avenue South.

The meeting follows up two earlier meetings last September and November in which public safety concerns were raised, as well as suggestions for alternative locations of the picnic shelter and other issues that should be addressed in the planning and design stages.

The public safety issues were especially addressed in the November committee meeting and in the general meeting of the Leschi Community Council on February 1, with representatives of the Seattle Police Department. However, at the February 1 meeting, none of the individuals who were concerned that a picnic shelter would be a magnet for crime raised any questions to learn the Police Department's data and opinions. The next day, I called Joseph Elenbaas, the Community Crime Prevention Officer, to confirm if there is any basis for considering picnic shelters as magnets for crime. There is no data to confirm this notion, in fact, the Police generally view picnic shelters as positive elements in neighborhood open space. I think that the concerns of some neighbors about increasing crime are no longer relevant to the issue.

At this coming meeting, there will be city officials to help us proceed in decision making and planning.

-John Barber, Chair, Parks and Greenspace Committee

IRONMAN LIVES IN LESCHI!

We have a world champion triathlete in our neighborhood. Mike Nelson, age 75, raced at the Ironman 70.3 World Championships this past October, won his age group, and earned the title ‘world champion’. The Ironman 70.3, also called a half Ironman, consists of a 1.2 mile swim, 56 mile bike ride, and a 13.1 mile run. The 2022 race was held in St. George, Utah, and attracted a truly international group of competitors. About 4200 men and 2100 women raced on separate days. With the exception of the professional athletes all competitors raced in 5 year age groups. Mike was in the 75-79 year age group which had 18 competitors, a small group compared to the younger age groups such as men 35-39 with more than 600!

Every athlete qualified at some prior Ironman 70.3 event in order to earn a slot to compete. Mike did so by winning his age group in 2021 at the Washington Ironman 70.3 event held in Maple Valley, Washington, in September 2021. The world championships are held annually at different locations around the world with the 2023 race being held in Finland. If you want to read more about the race, surf on over to ironman.com/im703-world-championship-2022.

\$1 FARE FOR ORCA LIFT RIDERS STARTS MARCH 1

Beginning on March 1, ORCA LIFT riders will only have to pay \$1 for public transportation. These cards are available to low-income households, seniors, and those with disabilities. Check the ORCA lift website for information on how to apply.

FRINK PARK WORK PARTIES

Jan Munger is one of three forest stewards for Frink Park. She is working on the portion of Frink Park that runs from the very east end of Yesler down to Leschi Park. She has scheduled monthly work parties for 2023; check the *Leschi News* calendar for specific dates. The March work group will meet March 25.

"We will meet at the end of Yesler and work from 10am to 12pm. Participants should bring a water bottle and dress for the elements. We will provide gloves and tools. There was a lot of restoration work done in this portion of the park several years ago, but it needs more tending to beat back the English ivy, morning glory and Himalayan blackberry so the native plants can thrive. Looking forward to meeting more neighbors and saving our local plants this year!"

KING COUNTY HEALTH ADVICE

Health officials are still advising that we wear masks while indoors in public spaces.

They also addressed a problem that I did not know existed: rats coming up in your toilet! It sounds like a horror movie, and they used a cartoon to advise us on solutions perhaps in an attempt to shed some levity on a subject that is NOT funny! The solution seems to be that if you can't flush the creature back down, spray it with dish detergent to make it easier to flush. I am now eyeing my toilet with suspicion and hoping that I don't have to move my dish detergent to the bathroom.

-Diane Snell with King County Health department tips

TRUE HOPE TINY HOUSE VILLAGE

Dear Neighbors: We now have 19 children at True Hope Tiny Home Village at 1749 E. Yesler Way, including newborns. If you have or would like to purchase items to support our young families we need: Diapers Size #1, #2, #5, #6, and pull-ups. Also baby formula Similac or Enfamil, and feminine products. We are also looking for cafe-length curtains and books for our teens, specifically Harry Potter. Our youth readers just finished Dear Justyce, and Ghost

Boys, to give you a sense of their favorites. Instant Ramen noodles are always welcome, especially in this cold weather. Thank you for helping our neighbors!

-NextDoor Leschi

CENTRAL AREA SENIOR CENTER, A LOOK BACK

August of 2019 was a transformative year for CASC. KCVSHSL awarded us \$1,512,927 to fund our African Diaspora Senior Hub with Des Moines/Normandy Park Senior Activity Center.

In the same month, my Birthday month, the momentum and impetus had finally shifted after 50 years, and the City of Seattle agreed to our ownership of the property and facility overlooking Lake Washington.

The Trifecta was the blessings of Sound Generations, our partnership agency for 44 years to rearrange our relationship and for The Central to assume all its administrative responsibilities to become an independent organization.

Given these three wins in 2019, "The long-term purpose and vision of the CASC can remain what it was when founded by community activists in the late 1960s, says Dian Ferguson, executive director, "We can celebrate and serve all seniors, and especially those of African American and African immigrant backgrounds that live in King County." King County funds and the partnership with the City of Seattle and an assortment



elizabethrogers
PILATES & PHYSICAL THERAPY, PLLC

KEEP MOVING KEEP LIVING

Low-impact fitness and injury rehab
in Mt. Baker and Ravenna.

Keeping Seattlites moving and
doing the activities they love.

Schedule with a Physical Therapist:
206.535.7356 or info@elizabethrogersPT.com

www.elizabethrogersPT.com

of communities has allowed us to bloom in our Purpose and Mission to Infuse Warm Friendships, Healthy Activities, and Joyful Experiences into the Lives of Mature Adults.

Moving forward, our 2023 plans will build upon our 5 Year Business Plan, 2019–2023. Long delayed capital projects for the building will be started to include an HVAC system, Solar Panels, parking lot upgrades and the remodel of the men's and women's restrooms.

An exciting line up of entertainment is planned for the third Friday's Green Dolphin Lounge, 6–9pm Featuring:

- March 17: CT Thompson, Rhythm, and Blues
- April 21: Eugenie Jones,
- Jazz June 16: Brandon Willis, Saxophonist
- October 20: Michael Powers

Daily we are adding innovative programs and activities. We recently installed a seventy-inch SMART TV that hangs in the reception area. You can look up and see the monthly, weekly and day to day scheduled of what is occurring. The TV flashes members pictures and class visuals along with the daily and monthly menu for Community Dining. We look forward to you visiting us soon!

~Dian Ferguson

LOW INCOME HOUSING COMING TO SKYWAY

LIHI is teaming up with the nonprofit Childhaven to develop the properties in Skyway into a mixed-use project called the Skyway Affordable Housing and Early Learning Center.

The funding for the Skyway sites came from King County's Skyway Fund for Affordable Housing, which was spearheaded by King County Council member Girmay Zahilay.

"Skyway is a high displacement risk neighborhood so I'm excited to see more investment in affordable homes in this area," Council member Zahilay said of the purchase. "Let's keep working together to keep our communities intact, healthy, and housed!"

~LIHI Bulletin



Lisa Eaton, DPT, OCS
Julie Grove, MPT

120 Lakeside Ave
Suite 210
Seattle, WA 98122
206-925-3762
Fax: 206-324-3600

UPDATE FROM LESCHI ELEMENTARY

February was a short but full month as always, with numerous activities and celebrations of Black History Month. The month kicked off with a school-wide assembly featuring a performance of "Lift Every Voice and Sing" by the first graders and more music and a visit by some of Seattle's JazzEd educators. The first half of the month before the mid-winter break featured detailed studies and student research projects to honor and learn about Black excellence, and Black Lives Matter in Schools. Much of the student's learnings and work were showcased at the February 28 Black History Night dinner.

We are entering fundraising season to support the PTA's budget for 2023–2024. More details can be found at the link below; we are also looking forward to the return of the Golden Grads Spring Fundraising Concert on April 29 and the annual Jog-a-thon on May 17!

Keep up to date on upcoming events and news by visiting leschies.seattleschools.org or our Facebook page facebook.com/leschischool.

To support our school, classrooms, and community programs for the remainder of the school year please see: leschies.seattleschools.org/schoolinvolvement/fundraising.

~Benson Wilder

EXPERIENCING TESLALESSNESS

Sarah kept her sailboat Moonshadow at Leschi Marina for several years. I keep my restored former British Fireboat on the ship canal among the tugs, fishboats and other working vessels in one of the few remaining Seattle neighborhoods where real physical work is still done.

As someone "experiencing Teslalessness," I make my modest contribution to saving the planet by riding my bike—the same one I rode across the US many years ago—from our leafy lakeside to the largely leafless "Interurban Industrial Zone," known by the locals as Freeland.

On a recent return trip I stopped at the lights on Madison and Lake Washington Blvd. A black Tesla pulled up alongside me. As is my paranoid habit, I checked to see if the driver looked likely to put the "pedal to the metal" (if that's what they do in a Tesla) as soon as the lights changed and cover me in lithium dust. I was surprised to see a yellow spandex-clad lady of a certain age behind the wheel. Though a little puzzled, I relaxed, as women drivers are generally more tolerant of cyclists—some even wave to acknowledge our existence.

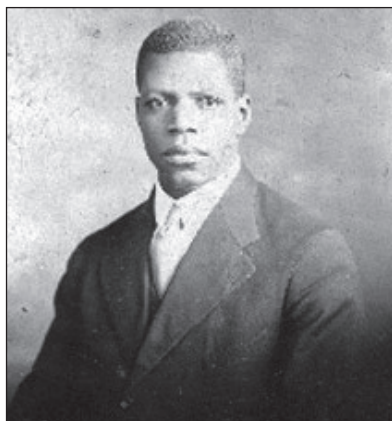
She eventually passed me when it was safe to do so. (This often takes a while due to the stream of soccer-mom-mobiles heading home from Bush school). The dress code issue was then resolved—she had her bike on the rear rack.

I was however left with a further mystery: If you want to go for a bike ride, why not just ride your bike and leave the Tesla at home?

~Malcolm Harker

LIFE AND TIMES IN LESCHI: POWELL BARNETT, PART 2

In his 1968 interview with Larry Gossett (excerpted here last month), Powell Barnett refers to the fact that housing discrimination was still legal in Seattle into the late 1960s. African Americans had very few opportunities to live outside the Central Area, which included Leschi. The Leschi Improvement Council (LIC) sought to avoid an increasingly crowded ghettoization of the neighborhood and all of Central Seattle. “Open housing,” which banned racial discrimination in housing sale or rental, was legislated by the city council in 1968, the culmination of a decade-long campaign.



Powell Barnett, ca. 1915.
Photo from historylink.org/File/307

For many years the LIC maintained its reputation as a firm force in city politics for preserving low-density zoning in our neighborhood. Nowadays, de facto housing segregation plays out in a different way. As early as the late 1960s, the LIC sought to calm the apprehensions of Blacks that they would be edged out by high income whites returning to the neighborhood through gentrification. But edged, to the further reaches of the city and county, out is what has happened.

In 1966, Powell Barnett represented the LIC in the campaign to establish the crosstown bus service, Route 48, which runs from the Mt. Baker Transit Center to the University District. Having built a base of support, especially in the Black community, this campaign was successful in 6 months. Prior to 1966, there had been no public transportation from the Central Area to the U District that didn't go through downtown. Not since 1940, that is, when Seattle's cable-car and electric-streetcar system was abandoned in favor of electric trolleys and gasoline-powered buses. In that earlier era, it was possible to ride a streetcar straight north from 23rd and Jackson to the UW, with a transfer at 23rd and Madison.

Barnett remained active in the community council well into his 80s, attending meetings and taking responsibilities until late 1969.

Powell Barnett Park extends from Alder to Jefferson Street on Martin Luther King Jr. Way, in Leschi. It had earlier been a running track for Garfield High School athletes but was abandoned in 1962. It was sold to the Parks Department in 1966, and improvements were made through the Central Area Motivation Project (CAMP) in 1967. Students at Leschi Elementary School chose Barnett's name for the park, and upon the recommendation of the LIC, the city named the

playground in Barnett's honor in 1969. The city rule against naming streets after a living person did not apply to public parks. Barnett's granddaughter, Maisha Barnett, worked with the LIC in 2006 to make improvements throughout the park, develop the children's play area, and later create the Fitness Zone, which contains adult exercise equipment (for a 6-minute video of the playground makeover, see youtube.com/watch?v=q1CJMIIXssc). The community council retains an account for improvements to the park as needed.

In the late 1950s, long before the park was at all developed, I played there as a child, exploring the caverns in the hillside on the park's east edge.

Barnett's civic activism was not limited to the LIC. He was an organizer of the East Madison YMCA (now named Meredith Matthews) as a racially integrated organization. After World War II he was chairman of the welcoming committee that assisted Japanese Americans who had been interned.,

He also helped reorganize the Seattle Urban League, of which he was the board chair in 1947. The *Seattle Times* reported that, at a date not specified, Barnett had a dispute with the board over a provision in the Urban League bylaws that “a certain percentage of the board had to be Negro.”* Barnett didn't want to raise the percentage, but rather to abolish it. “I don't care if the board is 100% white,” he said. “This quota thing is what we're trying to abolish. Negroes want a chance, not a gift.” Subsequently, he chaired a committee that revised the League's bylaws and protected its membership in the Community Chest charity, which could have been in jeopardy due to the racial quota requirement.**

In 1956, after 25 years of activism with the Urban League (since the 1930 founding of the Seattle chapter), including 15 years on its board, he received the organization's Annual Award. In his acceptance speech, he credited the organization for the hiring of the first Black schoolteachers, transit operators, and nurses.

For more on open housing, see:

- “The Seattle Open Housing Campaign, 1959-1968” at [Seattle.gov](https://seattle.gov)
- “Seattle in Black and White,” part III, by Joan Singler et al, 2011
- “The Forging of a Black Community,” chapter 3, by Quintard Taylor 2022

* *Seattle Times*, May 16, 1967, page 1.

** *Mary Henry, Tribute: A Guide to Seattle's Public Parks and Buildings Named for Black People: With Brief Biographical Sketches*, page 59

Next month: Barnett's youth in a coal-mining town; Barnett as a musician.

~Roger Lippman

The author writes monthly about Leschi history and his experiences over his 47 years in the neighborhood.



THE COWBOY HALL OF FAME

Washington State is an Old West state. The state has long held rodeos and county fairs featuring traditional Westerniana. Horses, cattle, and sheep are raised on both sides of the Cascade Mountains. Records of our “Western” past lie among rural and metropolitan archives, at state universities and colleges, and in many museums. Official recognition of our Western history is also found in, of all places, Oklahoma City, home of the National Cowboy Hall of Fame.

Several years ago, I visited this unusual Western center. Outstanding examples of riders, ropers, bulldoggers, and hog-tiers gaze from the walls. To my surprise, Washington is well-represented in these hallowed rooms. For example, Jay Agnew, an old-timer from our state (1917–1980), donated his well-worn cowboy hat. Another room features “Great Westerners” from 17 western states, and Washington representatives include Isaac I. Stevens, Washington’s first Territorial Governor, and Arthur A. Denny, patriarch of a pioneer Pacific Northwest family. Another familiar star is Larry Mahan, once a Walla Walla resident, who achieved the national title of All-Around Champion Cowboy, 1966–1970 and in 1973.

My favorite, however, is Yakima Canutt from tiny mid-state Colfax, Washington. His cowboy history includes riding a 1,150-pound saddle bronc named Culdesac to win the 1917 and 1919 world championship rider contests at the Pendleton Round-Up. His modest prize in those days was \$200 and a world championship saddle called the “Famous Never-Break Hamley.” It was a family affair, as Canutt’s wife Kittie won the 1918 Cowgirl Relay Race at Pendleton. Yakima Canutt was also awarded the 1920 and 1923 Police Gazette gold belt buckle. Adding to his accomplishments, in 1923 he was awarded the Roosevelt Trophy, named for Rough Rider President Teddy Roosevelt.

What does a rodeo rider do after breaking bones and breaking horses in a relatively short and violent career? The answer often was to go to Hollywood. Finding plenty of work as a cowpuncher and stunt man in the booming film industry, Canutt was a fast learner, playing both Native and cowboy roles in numerous films. For example, in John Wayne’s breakthrough film *Wagon Train Stagecoach*, Canutt trained and drove horses and accomplished a dangerous, memorable stunt climbing through the harness of a galloping team.

Charleston Heston’s wild chariot ride in the second film version of *Ben Hur* could not have happened without Canutt’s effort as horse trainer and director. Heston stated that Canutt was one of the best directors he ever worked with, and his understanding of horses was Phenomenal. Canutt received a special Oscar for his film achievements.

Oklahoma City may lie on the eastern edge of the American Great Western prairie and among the gentle of hills of true “Indian Country,” but shards of Washington State saddles and blankets occupy a small corner in the nearby Cowboy Hall of Fame.

—Junius Rochester

A NATION UNDER STRESS

No, thanks. I do not plan to discuss, certainly not defend, or attempt to defend the policemen—the five Black policemen—shown brutally beating, killing Black Tyre Nichols. I saw the video today.

Post-Traumatic Stress Disorder (PTSD)—all of us have it, I believe. Some of us have it more severely than others; some of us have better means of treatment than others. Some of us are insulated in such a way that we can avoid many stresses, especially those that weigh down, those we cannot escape. But it seems living presents stress for all of us. Not surprisingly, some of us are certain we can/would bear a burden better than the person carrying it.

Today, I am listing stress that preoccupies much of my day and night. In no particular order, the list follows: sister living with me; brother coming to live with me; church; trying to get my money from Lowe’s, Coinstar, and Ashley/Tempurpedic; hair; essential tremors; writing biographies of two persons; writing my autobiography; writing group—desire for more writers, people who wish to read, people who wish to publish; chickens, crows destroying my yard; squirrels eating my flower bulbs; worrying about brothers and nephews; teeth; innumerable requests via cell, text, e-mail, and text; rising costs of just about everything I buy; innumerable requests for good causes; housework, all of which I hate; watching flowers die; will and final arrangements; friends in nursing/memory care—one has since died; not knowing why folks are angry with me; not being able to help folks I want to help. This was written very quickly. I know you may want more details. But I want you to get a glimpse of what is on my mind now.

I have never thought that I must brutalize someone because of any particular stress or combination of stresses above. I have never thought that I should kill someone because of this stress. I realize some of you have dismissed or solved my problems. Others of you may sympathize because you have had or have the same problems. What I do not know is why a problem that one of us sees as minor or easily dismisses wipes out another of us. I do not understand why some people think hurting themselves or others is acceptable. Hurting won’t make them feel better, won’t make the problem disappear.

Too often I think of the murdered and the murderers. I want to ask the murderers how long they thought about the heinous deed. I don’t think Derek Chauvin, for instance, intended to kill George Floyd. I think Chauvin was annoyed with Floyd and wanted to teach Floyd a lesson. How often was Policeman Chauvin prosecutor, jury, and judge? Did he ever think he was wrong? Did he believe he was doing what policemen are charged to do? When he heard, “I can’t breathe,” did he think Floyd was attempting to trick him? Floyd had been accused of trying to use a counterfeit \$20 bill. \$20! Chauvin thought this crime warranted deadly action? Does Chauvin believe he did the right thing? Would he act differently if he had the opportunity? Or did it never occur to him that he would never be punished? The body cameras were rolling; seventeen-year-old Darnella Frazier’s cell phone was recording. Chauvin was not deterred. The officers onlooking were not moved to intervene. On the

other hand, George Zimmerman and Dylan Roof knew people would be dead when they completed their tasks. I wish I could talk to them. I want to know why they hate Black so much that they feel compelled to kill them. The police told Zimmerman to leave Trayvon Martin alone. He was following seventeen-year-old Martin; Martin was not following him! Yet Zimmerman used the defense that he, Zimmerman, was afraid for his life! Worse, a jury agreed and acquitted Martin. In contrast, Roof went to a church he had most likely never visited; he was seeking persons to kill. I don't understand how he could sit with people he did not know, people who had never done anything to him, people in Prayer Meeting with the intention of killing these people who did nothing but attempt to make him feel welcome. I am sure they prayed for him. Anyone can enter Prayer Meeting. Some visitors say nothing; others reveal why they are present, make requests. Some folks sit and listen. But Roof sat, all the time knowing he was going to kill all but one of these individuals; he wanted someone to tell the story. What had Roof seen? What had he been taught? What kinds of persons were in his environment? He is among many whose parents' divorce, have one or two abusive parents. Most of us commit no such act. No relative, neighbor, or teacher bonded with him? No coach mentored him? Visiting Mother Emmanuel Church in Charleston, South Carolina, has made me think of Roof more often. Recently I read that Roof says he has "no remorse" for killing people whom he himself said were innocent. He sees himself as superior to Black people. I wonder if it occurred to him that his actions would mean

spending the remainder of his life imprisoned. Was his mind filled with thoughts of killing all Black people? He had Black friends in high school. What set him off? How did he arrive at the point of killing those people?

I ask these questions because the number of cold-blooded killings is rising. And though some murderers know their victims, others do not. We survivors must act soon. We must talk to people and listen to people. Stress in the form of mental illness and addiction to alcohol and drugs must be treated. Domestic abuse must be thwarted. Bullying must end. Discrimination of every kind must be called out. Race, gender, religion, sexual orientation, class, whatever makes any of us prejudiced against another of us because of differences or perceived differences is wrong, wrong, wrong. The sooner we act, the safer all of us will be. We must do what we can to reduce the stress.

-Georgia S. McDade

Georgia S. McDade, a charter member of the African-American Writers' Alliance, began reading her stories in public in 1991 and credits the group with making her write poetry. Many poems are inspired by artists. Georgia writes for South Seattle Emerald and Leschinews. She also does interviews for KVRU (105.7) and KBCS (107.3). Outside the Cave is the name of four volumes of poetry; Observation and Revelations: Stories, Sketches, and Essays is the name of her volume of prose.





Leschi Market

SPECIALIZING IN FINE MEAT, WINE AND PRODUCE

*Your neighborhood store
that offers so much more!*

HOMEMADE SAUSAGE	ORGANIC PRODUCE
GOURMET COFFEE	OVER 1400 WINES
ARTISAN BREADS	CRAFT BEERS

103 Lakeside Ave, Seattle, WA 98122 🐦 206-322-0700
open MON-SAT 8am to 8pm, SUN 8am to 7pm

www.leschimarket.com 🐦 info@leschimarket.com

Culture Corner

RITA ROBILLARD TIME AND PLACE

Hallie Ford Museum of Art, Salem Oregon

Tuesday to Saturday, noon–5pm. Runs until March 25, 2023.

You can have a lovely ride on Amtrak to see this show in Salem. We stayed overnight at the Grand Hotel which is walking distance to the museum.

Rita Robillard was a colleague of mine in the art department at Washington State University in Pullman in the 1980s. Later she moved to Portland State University and became chair of the department. We have remained close friends, partly because we have a common childhood experience growing up in downtown New York City.

She declared at the opening that growing up in New York, where nature is scarce, has led her to a love of nature and the outdoors. She moved from Manhattan to California, and then Brazil from 1971 to 1974. The experience in Sao Paolo and in a rural village in Brazil was especially crucial. She learned new mythologies, as well as music and dance that have stayed with her all her life. She immersed herself in the luscious tropical environment as she taught art to children and also learned from them.

The work in this retrospective exhibition spans her career, from the late 1970s to the present. In work as a graduate student in the late 1970s and early 1980s at the University of California, Robillard responds to the “time and place” in Berkeley with a few geometric work, but soon shifts to luscious soft forms specifically the Sumidouro River in Minas Gerais, Brazil which she describes as having “eerie beauty.” She called this mystical and mysterious series “Spirit Ground.” She declares an affinity with the Northwest School

mysticism with their emphasis on Asian Art techniques and philosophy. The ongoing study of Asian Art has been another focus throughout her career.

Robillard is a master printmaker. The entire exhibition consists of prints some very large in scale, from multiple plates. Technically they range from etching and screen prints, to more complex processes that create subtle textures. In looking closely at her work, we can explore layers sinking deep into another world. Whether they are views of distant mountains with a lone tree in the foreground, or a detail of flowers in a recent series, “Flower Serenade: A Gift of Time” created during the pandemic, her work takes time to fully experience. Altogether the exhibition includes ten different series. Several stand out as engaging specific places. Two of the most striking are “Votives for Hanford,” and “Lookout/Outlook.” In the Hanford Series, the artist faces the intractable problem of nuclear waste with angels as witnesses to our “enchantment with invisible powers, questioning the omnipotent attitude of human beings creating a product that will have to be safeguarded for a millennium.” “Lookout/Outlook” evokes forest fire lookout towers where she stayed for a summer. We see a panoramic view in small digital photographs suggesting a flaming landscape against a subtle background based on filigree patterns from medieval stonewalls. She points out that they are now anachronistic, replaced by digital surveillance.

These are just a few of the highlights in the exhibition. I hope you can get to Salem before March 23. I will be also write a longer article with images on my blog, artandpoliticsnow.com.



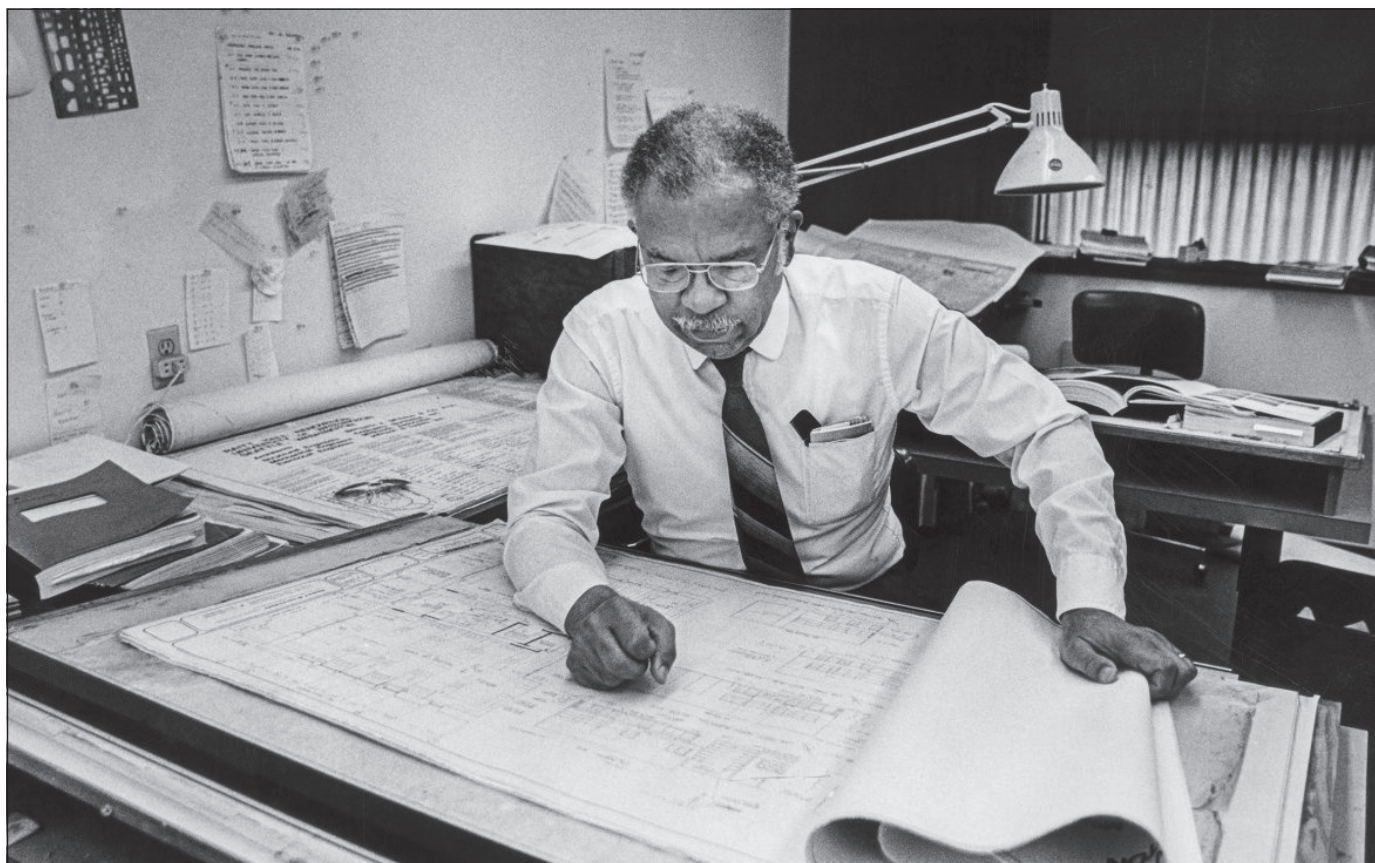
Alan Lau. “november steps (for tōru takemitsu),” 1986. Sumi ink and mixed media on rice paper. 19 x 48 in. Courtesy of the artist

You can more easily visit “Elemental Gestures: Caryn Friedlander and Alan Lau” at Art Exchange gallery in Pioneer Square (512 First Ave) until March 25. These two abstract artists both studied sumi-e painting and calligraphy in Japan. Friedlander creates large scale oil painting that embraces us with color.

Lau paints on rice paper, layering sumi, pastel and watercolor, to create dense textures that become a mediation on nature. Each work is grounded in the real world, as suggested by his titles.

~Susan Platt, PhD

www.artandpoliticsnow.com



Benjamin F. McAdoo Jr., the first Black architect registered in Washington. Photo credit: MOHAI.

FROM THE GROUND UP: BLACK ARCHITECTS AND DESIGNERS

MOHAI, 860 Terry Ave N, Seattle WA, 98109


Runs from February 4 to April 30, 2023. Hours: 10–5pm daily.

From the Ground Up: Black Architects and Designers celebrates the enduring innovation and impact of Black architects across the United States. This traveling exhibit highlights individual architects and designers from the late 1800s to today who have broken barriers formed by racism and have created spaces and places that support communities and culture with projects ranging from public housing to places of worship, museums, and universities.

In this exhibit, learn about past and present influential Black architects, hear from Black leaders in the architecture and design fields in video interviews, and engage with tactile interactives. *From the Ground Up: Black Architects and Designers* encourages guests to discover how Black architects and designers respond to the ever-changing needs of humanity and not only make changes to their communities but the world.

Originally created by the Museum of Science & Industry, Chicago, a local addition by curatorial consultant Hasaan Kirkland and co-developed with the Black Heritage Society of Washington State highlights regional Black architects and designers who have had an impact in our community, like Benjamin F. McAdoo Jr., the first Black architect registered in Washington and the founder of the first African American-owned architecture practice in Seattle.

COMPASS



Hi Neighbors,

The residential real estate market is in a "Wait-and-See" mode.

Buyers are waiting for interest rates to flatten or drop and for home prices to fall.

Seller's are waiting for the market slow-down to end, so inventory is low.

If you'd like to discuss how to navigate these current trends, please reach out. I'd love to help you either maximize the value of your home or find the one you've been looking for.

206.604.2828 | Scott.Lennard@Compass.com

Scott Lennard is a real estate broker affiliated with Compass. Compass is a licensed real estate broker and abides by Equal Housing Opportunity laws.



Seeking Sustenance...



MARCH IS WASHINGTON WINE MONTH

Washington wine month is here! Let's uncork the festivities with a pop quiz. Did you know that Washington now has 20 officially registered AVAs? (That's not part of the quiz, that's the gimme—there ARE in fact 20 American Viticulture Areas—or 20 grape-growing regions with specific geographic and/or climate features that distinguish it from surrounding areas and affect how grapes are grown. Ready? Seven questions to test your knowledge. Have fun, no cheating, answers are below, and let's GO!

1. Which of these regions is **NOT** one of the 20 Washington AVAs?

- a. Columbia Valley
- b. Yakima Valley
- c. Walla Walla Valley
- d. Hidden Valley

2. Okay, that one may have been easy. Now, which one of these is **NOT** an AVA in WA?

- a. The Burn of Columbia Valley
- b. Goose Gap
- c. White Bluffs
- d. Tatooine Desert

3. Which of these is the **NEWEST** AVA in Washington?

- a. Red Mountain
- b. Rocky Reach
- c. Rattlesnake Hills
- d. Royal Slope

4. Rank these better known AVAs by **total planted acres**, highest to lowest!

- a. Walla Walla Valley
- b. Yakima Valley



...in the Wilds of Seattle

- c. Lake Chelan
 - d. Horse Heaven Hills
5. Talking Red and White Varietals, which red and white grapes are ***most widely planted*** in WA?
- a. Cabernet Sauvignon and Riesling
 - b. Merlot and Chardonnay
 - c. Merlot and Riesling
 - d. Cabernet Sauvignon and Chardonnay
6. The ***Puget Sound AVA*** has 121 planted acres in Western Washington, comprised mostly of...?
- a. Cabernet Sauvignon, Merlot, Chardonnay, Riesling
 - b. Syrah, Pinot Noir, Cabernet Franc, Malbec
 - c. Madeleine Angevine, Siegerrebe, Muller-Thurgau, Pinot Gris
 - d. Bordeaux, Burgundy, Chablis, Languedoc
7. As of June of 2022, how many ***licensed wineries*** were there in our great state?
- a. 15
 - b. 150
 - c. 1,050
 - d. 630

Congratulations on completing the quiz! Answers are below. How did you grade out?

Score 7+: Please drop your application for the wine department off at the store for future consideration!

Score 6-7: Level One: Serious Washington Oenophile unlocked!

Score 3-5: You PASS! Good job! You can never stop learning in the world of wine!

Score 0-2: You either weren't trying or prefer imports.

Happy Washington Wine Month all! Cheers!

-Kenneth Benner

Kenneth Benner, a Seattle area native, is a trained chef and has worked in such restaurants as Barbacoa, B.O.K.A. Kitchen + Bar, and Dahlia Lounge. Ken is the wine buyer at Leschi Market. He has a passion for learning, a meticulous palate, and a tenacity for searching out the best for his customers while offering some of the most highly coveted wines in the area. His monthly column is intended to inspire and explore new choices in wine, learn about wine with his readers, and share his knowledge and experience in the wine world. Check out the latest at www.LeschiMart.com or to request to be added to email updates at wine@leschimarket.com.

CONGRATULATIONS ON TEN YEARS!

Golden Wheat Bakery, 2908 E Cherry St., 206.325.5055

Hours: 7:30am–3pm Monday–Saturday, 7:30am–2pm Sunday

This March is the tenth anniversary for our favorite neighborhood bakery! As someone who is happier with a continental breakfast than a full blown English breakfast, I appreciate the Golden Wheat's flaky croissants and good coffee. My husband's favorite is a blueberry Danish; we all know that blueberries are supposed to be good for our memories and there's no better way to eat them than on one of Golden Wheat's Danishes. For those with heartier morning appetites, try their Breakfast Burrito.

For an after lunch snack, consider the selection of cookies. I rate their coconut macaroons the best I have ever had! Our family has also ordered their cakes for family celebratory events, and they are delicious! A personal favorite is the Tres Leche cake which is hard to find elsewhere.

This is a family run business and visitors often comment on their warm reception. One was impressed when an employee ran out of the store to give coffee to the garbage collectors!

Owner Angel Rocha said there was no French baking course in his background; he learned to bake in Kent! He considers himself one lucky guy and we consider we are one lucky neighborhood to have Golden Wheat make its home here!

-Diane Snell



ANSWERS: 1. (d) We're talking grapes, not Ranch dressing! **2. (d)** Another easier one here based on answers, BUT fun fact: The Burn, White Bluffs and Goose Gap were all added in 2021. +1 bonus point for catching the reference of choice (d) **3. (b/d/a/c)** Yakima (18K), Horse Heaven Hills (17K), Walla Walla (3,000), Chelan (300). **5. (d)** Cabernet/Chardonnay lead the way for each category, with Merlot and Riesling close behind. **6. (c)** these lesser known varietals thrive better in the western climate. **7. (c)** this number is increasing all the time. Bonus point +1 if you guess the significance of choice (d)

LESCHI COMMUNITY COUNCIL

LESCHI CC EXECUTIVE BOARD MEETING 2/7/23

Attendance: Janice Brown, Diane Snell, Ashley Martin, Yun Pitre, John Barber, Matthias Linnenkamp, Trevor Lalish-Menagh, Christine Rossen

LeschiNews-Diane

- March submittal deadline: Mon Feb 13th
- Fees for newsletter increased
 - Bulk mail permit rate: from \$245 to \$290
 - Postage fee: from \$80 to \$103
- We have budget to cover this increase. We agree that the paper version is currently serving people well.

Board Business:

- Introduce Christine Rossen-Matthias
- March General Meeting
 - Location: Grace United Methodist Church
 - Presenter: Lawrence Pitre, local artist, will showcase his We Are One series. Artistic interpretation of the Central District starting from Chief Seattle to present time. He'll display his 30+ art pieces and talk about each one.
- February Meeting Recap- All
 - What went well and what changes we should keep in mind for future events.
 - Great turnout: we estimate more than 30 folks.
 - Event logistics: need to have water, inform about lavatories, acoustic challenges
 - Some of the panelists weren't as prepared as we'd hoped by sharing questions ahead of time.
 - Facilitate questions from the audience to make sure that we hear from as many folks in the audience as possible
- Committees- All
 - Public Safety Committee
 - Interim Public Safety Committee chair and next steps:
 - » Ashley is volunteering - Janice approved it.
 - » Send out email to LCC to build committee
 - » Try out regular meetings.
 - » Include public safety tips in Leschi News such as follow up on 911 triage system, best practices on how to report an issue effectively, how to report issues on FindItFixIt app.
 - » To be mindful of making sure all voices are heard, committee will establish "rules of engagement" to make sure everyone is respectful of everyone else and that we make progress.
 - » There are other public safety groups that are meeting, attend those to get a sense of format, what works.
 - » Help reactivate East Precinct Advisory Council.
 - Public Health Committee - Upon reflection, this could be covered in the Leschi News. Will reach out to doctors in the neighborhood for support.
- LCC storage update- Janice
 - 5x6 unit at Public Storage: \$56/month
 - Diane is looking into an alternate option and report back.
- Artwalk 2023- Janice/Matthias
 - Date: Sept 9th, 2023

- Funding: currently have \$3,153 budgeted for it, plus fees we bring in. If we want to spend money on advertising, we need to raise money for that.
- Documenting ArtWalk event management
 - Artwalk event binder already in place with to do lists and resources
 - Tonna may be up for running this special event.
 - Committee will start meetings soon.
- Shulman Memorial Project Update- John
 - Setting up a March meeting
 - Location- The Central (aka Central Area Senior Center)
 - Topic: Discussing options for the location of the memorial
 - John to update the board on the meeting details.
 - Friends of Steve Shulman offered to pay for facilitation.
- Treasury Report- Matthias
 - Funds are pretty healthy, but we need to be diligent about planning and pre-funding additional expenses.
- Bylaws- Diane
 - Janice to find out steps necessary to file the revised By Laws with the State.
 - Once the By Laws is filed with state, need to upload the Revised By to LCC website

-Respectfully submitted by Yun Pitre

	Income	Expenses	Balance 1/31/23
General Fund			
Ad Revenue			
Dues	\$523.81		
Donations	\$487.02		
Reimbursement		(\$82.04)	
Insurance			
Printing and postage		(\$794.87)	
Other Expenses		(\$150.00)	
Totals	\$1,010.83	(\$1,026.91)	\$17,434.57
Restricted Funds			
ArtWalk			\$3,153.04
Cherry Street Corridor			\$635.76
Flo Ware Park			\$686.53
Friends of Powell Barnett			\$1,068.06
Friends of Street Ends			\$4,554.87
Frink Park			\$1,979.43
King Street			\$1,270.00
Leschi Gateway Project			\$51.03
Leschi Natural Area			\$6,345.39
Officer Brenton Fund			\$3,111.85
Steve Shulman Memorial			\$65.00
String of Pearls			\$2,130.38
SW Frink Park			\$1,233.08
W. Vaughn Memorial Fund			\$1,200.00
Wading Pool			\$3,006.13
West Sheridan Street End			\$649.92
Whitebear DreamCatcher			\$201.64
Totals	\$1,010.83	(\$1,026.91)	\$48,776.68
Certificate of Deposit	\$1.10		\$11,257.65

Support your community by joining the Leschi Community Council!

We create awareness of neighborhood issues so residents may make informed and effective decisions.

LCC joins with the Leschi Business Association on ArtWalk and Halloween Spooktacular

LCC supports the Instrumental Music Program at Leschi Elementary

LCC supports volunteer activities in our local parks and on our public stairways

LCC supports the Central (Central Area Senior Center)

LCC supports the Leschi Business Association, Leschi Elementary School and the Central Area Senior Center

LCC produces the Leschi News 10 times a year

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____ Email _____

All donations are tax-deductible as we are a non-profit 501(c)(3).

My check is enclosed: ☐ \$35 family membership ☐ \$25 individual membership

☐ \$15 student/low income/ senior membership

☐ I am making an additional donation for LCC work

Mail to:

Leschi Community Council • 140 Lakeside Ave. Suite A #2 • Seattle WA 98122-6538

How to use PayPal:

Search for @leschicc or use <https://paypal.me/leschicc>. In the notes, please include your mailing address and let us know if the amount paid is for dues, a donation or both. Pay LCC dues now!



Real Estate. Real Service.

Today's Real Estate market is challenging and complex. Mary and Fionnuala have the experience to help you successfully navigate the process of buying or selling your home. As professional Realtors with almost 30 years in the PNW real estate industry, we have been through many housing cycles. We take great pride in our personalized boutique service complemented by the power of the Compass brand and its' national network.

Our client base is predominantly referral based
- a reflection of how we conduct business.

COMPASS



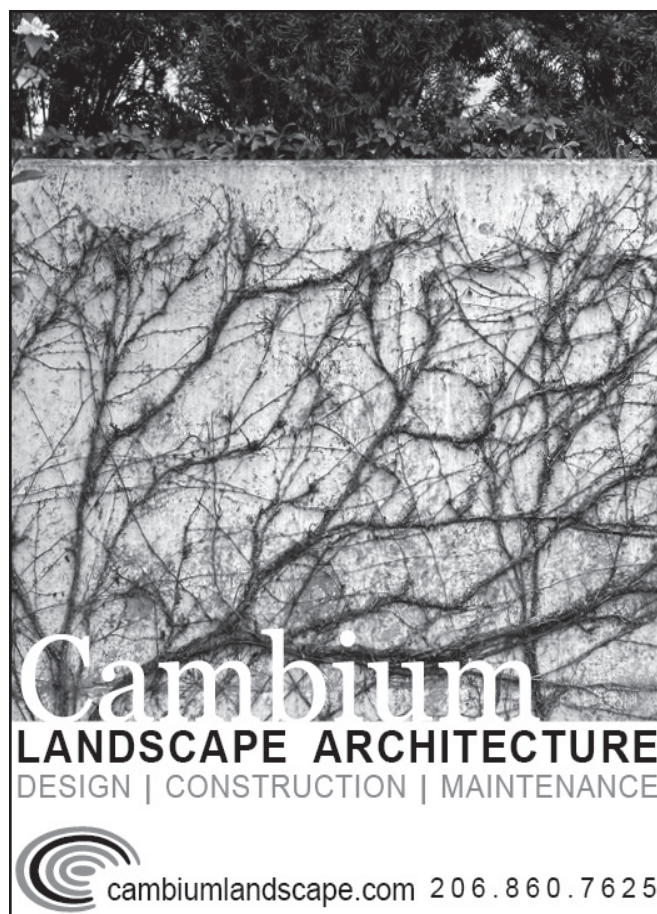
Mary LaVern-Oakes

206.790.6326
mary.lavern-oakes@compass.com



Fionnuala O'Sullivan

206.779.4643 | www.fos-re.com
f.sullivan@compass.com



Leschi News advertising rates:
business card, \$35; 1/4 page, \$70;
1/2 page, \$140. Contact Diane Snell
at 206-726-0923 to advertise to
your community.

leschinews

The next Leschi News deadline is **MARCH 20**. Mail all articles, comments, letters, advertisements and membership dues to this address:
Leschi Community Council, 140 Lakeside Ave Suite A #2, Seattle WA 98122-6538
or email Diane Snell at leschinews@comcast.net

Leschi Community Council is a participating member of the Seattle Community Council Federation.

Leschi Community Council
140 Lakeside Ave Suite A #2
Seattle WA 98122-6538
Address Service Requested

Nonprofit Org.
US POSTAGE
PAID
SEATTLE, WA.
Permit No. 6873

MARCH CALENDAR

- » **March 1, 7pm**
Leschi CC meeting features local artist Lawrence Pitre and his show We Are One. Enjoy a guided tour of his 30+ paintings of the Central District led by the artist himself. At Grace Methodist Church, 722 30th Ave S, in the downstairs meeting room.
- » **March 7, 6pm**
LCC board meeting on Zoom
- » **March 16, 7pm**
Steve Shulman memorial planning committee. Meet in Solarium at Senior Center %00 30th Ave S.
- » **March 17, 6-9pm**
Celebrate St. Patrick's Day at the Central Area Senior Center's Green Dolphin evening of rhythm and blues by favorite CT Thompson.
- » **March 21**
World Poetry Day
- » **March 25**
Work party in Frink Park 10-12. Meet at end of Yesler. See article in *Leschi News*.
- » **March 31**
Garfield Jazz at the Paramount; tickets available from the Paramount Theater

IN EARLIEST SPRING

TOSSING his mane of snows in wildest eddies and tangles,
Lion-like March cometh in, hoarse, with
tempestuous breath,
Through all the moaning chimneys, and 'thwart all
the hollows and
angles
Round the shuddering house, threatening of
winter and death.

But in my heart I feel the life of the wood and the meadow
Thrilling the pulses that own kindred with fibres that lift
Bud and blade to the sunward, within the
inscrutable shadow,
Deep in the oak's chill core, under the gathering drift.

Nay, to earth's life in mine some prescience, or
dream, or desire
(How shall I name it aright?) comes for a
moment and goes—
Rapture of life ineffable, perfect—as if in the brier,
Leafless there by my door, trembled a sense of the rose.

William Dean Howells

Join us on Facebook: LESCHI or see our website: leschicommunitycouncil.org or leschinews.com