Leschi Community Council is a participating member of the Seattle Community Council Federation

# Seattle want density?

A historical primer on urban development and how current plans like the 23rd Avenue Action Plan and HALA affect our neighborhoods.

November 4, 7pm Central Area Senior Center 500 30TH AVE. S, ONE BLOCK SOUTH OF JACKSON

# inside the news

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# Presidents' Message

t was a good turnout for our Candidate Forum, despite the rainy weather! We were disappointed to have two candidates cancel: Lorena Gonzalez and Tim Burgess (we received his cancellation the day before the event). We felt even more dissed when we learned that their conflict was a big fundraising event by downtown developers. The Central Area cannot compete with that kind of enticement, but we do feel our views should be heard. Despite the reduction in the number of candidates, we could not work our way through all the audience questions. The audience was very involved and we received enough questions to go on till 9pm instead of 8, but the two city wide candidates had to run to another event at Horizon House. Many thanks to the Central Area Senior Center for providing a nice dinner as those in attendance did miss their dinner hour at home. Thanks to our excellent moderator, Jack Holland, who kept the event running smoothly with good humor, and thanks to Guy Astley, who kept time with the ultimate in buzzers! And grateful thanks to the staff of the A. Philip Randolph Institute, who helped distribute pens and index cards and collected the questions throughout the program. And of course, thank you to the 4 candidates who did find their way to the Senior Center: city-wide candidates Jon Grant and Bill Bradburd and District 3 candidates incumbent Kshama Sawant and Pamela Banks. We heard some new intriguing ideas for those big problems like affordable housing. This city has many macro problems facing it in the next few years and creative ideas are definitely needed. The old ways of doing business have not proved useful in the areas of affordable housing and ending homelessness.

We said a sad goodbye to Joie Hsu, program coordinator at the Central Area Senior Center, as she leaves for another job, this one in her own field of study. She has been timely in getting class and event information to the Leschi News and we will miss that resource.

Join us for our November program as our Land Use Resource Committee representative, Jeff Floor, explores the issue of density and current attempts to meet the need for ever more housing. The projections for folks moving to this area are sobering, and the past summer droughts in the Southwest and California may increase that number sharply as people seek a more moderate climate. We have invited a city official to speak on the new plan HALA, which seems to be scaring everyone but we are unlikely to have a confirmation by press time.

Be the change you want to see in the world. -Gandhi

-Diane Morris & Diane Snell

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# Voting is a Critical Citizen Duty!

We ended up in Seattle by default; after a decade on the East Coast, my spouse was anxious to get back to the West Coast (specifically San Francisco, where he began life), but the job opening that developed was in Seattle, a city we knew little about. Neighbors warned us that it was pretty far north and we would probably have Arctic type winters. That was not very appealing after a decade of snowy, icy winters that would close the cities of Baltimore and Washington, D.C.

down completely.

What I later read about Seattle was that the weather was mild, the summers not so hot, and the winters not really all that bad. It was encouraging to think we could escape the heat and humidity of another Maryland summer. We moved across country in July in two cars (no air conditioning) with two children, two cats and one big dog, passing through many equally hot and humid states, and we were eagerly anticipating the cooler weather of Seattle, when we reached the Snoqualmie summit and finally picked up a Seattle radio station, only to hear that Seattle was in the 5th day of an unusual heat wave!

Despite the weather, we were impressed by the beauty of the place, and eventually, by the mild weather that had been written about. Over the years, I became more and more impressed with Seattle, particularly its more liberal political views. After moving from the liberal Bay Area, we lived in two different communities in the

East, the first an old town that seemed to be still fighting the Civil War, and later, a planned

city between Baltimore and Washington that was definitely more liberal politically. Our neighbors had come from many different states, all intrigued with the idea that rich and poor, black and white, and all ethnicities and religions could live harmoniously in one planned, well-balanced city. It was my first taste of a more participatory democracy as we confronted the city fathers over the plan

Saving those little plots of land made me realize that a citizen's voice had some power, and that has driven me ever since.

to turn our pea patches over to developers.

Once in Seattle, I was comfortable speaking at hearings before the City Council and making appointments to meet individually with councilmembers over issues like funding the Senior Center and bringing back Bus 27. One does not always win, but you learn who your allies and your enemies are in the process, and that makes you a more informed voter.

And voting is the issue I want to highlight. Despite its image of liberalism, Seattle does not have the best record when it comes to voting. So many people

continued on next page



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# **Editorial**, cont.

don't take advantage of this privilege and yet feel compelled to complain about what "they do to us" in the form of levies, big developments and city council resolutions. This election is an historic one as Seattle votes for councilmembers by district, and there are many uncomfortable issues facing the city: a predicted influx of folks from elsewhere, all vying for a place to live in what has become a less affordable city for most incomes.

We should all do our homework before voting; there are resources to help you understand what a candidate supports and who supports them financially. An interesting website this year is **runforthemoney.org**. As we all worry about the effect big developments have on the character of our neighborhoods, it is interesting to learn which candidates are so generously supported by those same big developers and to ask yourself how seriously will this candidate listen to you when you haven't donated to the same extent (and who could? We are talking big money here).

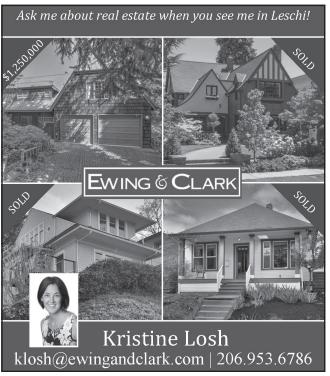
There were numerous candidate forums this year and there are always endorsements by organizations and newspapers; add those to the mix of your information. If you tend to agree with the Seattle Times, then their endorsements might work for you. If you are more comfortable with the political writings of The Stranger, their endorsements might carry more weight. If you are a transit rider, you should check out the endorsements by the Transit Riders Union; they have your interests at heart. Do your concerns outweigh all else? Homelessness?

Affordable housing? Which candidate is in the best position to deal with these issues?

It's not a Presidential year, but it is an important election. Become informed and VOTE! One actually has a stronger voice in local issues than on the national scene. I have had many 2-minute opportunities to speak before the City Council, but I have never had a face-to-face with a president. And even our Senators; if you can score a meeting, it is most likely with an aide. At least our national representatives are more accessible, and our State senators and representatives; meet with them and share your views. It could make a difference.

-Diane Snell

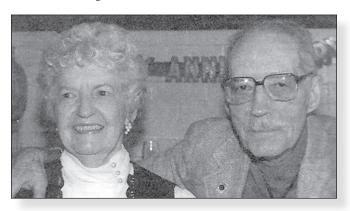




# Neighborhood & Beyond

# **UW ENDOWMENT HONORS LONG-TIME LESCHI RESIDENTS**

he Art and Lynn Mink Endowment at the UW Harry Bridges Center for Labor Studies was created by their daughter, Michele Drayton, in their honor. This endowment will help to educate students in labor history and train young students to become active in labor and social justice movements. While most of us graduate from public institutions with some idea of the civil rights struggle, few students are aware of the hard-fought, often bloody struggles, for all workers' rights.



Art and Lynn were important figures in Leschi; they brought up two daughters in this community and taught them their values in labor rights and social justice causes. Lynn is known for establishing an after-school tutoring program at Leschi School. She died in 2008 at 89 years of age. Art Mink remained active in the Leschi Community Council as secretary and newsletter editor for many years; he died at age 91 in 2011. At the time of their respective deaths, the Leschi News honored these residents and we were delighted to see that their names will live on in the important work of the Harry Bridges Center for Labor Studies. Thank you, Michele!

-Diane Snell

(excerpts from Building Bridges, newsletter of Harry Bridges Center)

## **WELCOME NEW BOARD MEMBER**

'he LCC Board is delighted to welcome Yousef Shulman as the Board member representing the Leschi Business Association. Yousef moved to Leschi when he was 13 and started working at Leschi Market in the same year. He is the 4th generation to work at the Market and is now Assistant Manager and co-owner along with his uncle, Steve and grandfather, Leonard Shulman.

Yousef has been an enthusiastic partner in the ArtWalks and the Halloween Spooktacular events and we feel that he will be a fresh voice on the Board.

## **VOLUNTEERS NEEDED FOR RAIN GARDEN**

rain garden is planned for the Jimi Hendrix Park by the NW African-American Museum and volunteers are needed for a planting party on November 14. Help build the experience, enjoy light refreshments, music, and view a custom designed Jimi Hendrix car. RSVP today for this event. Tools provided, but please bring your own gloves. You may work one shift or volunteer all day.

- Morning shift: 9:00AM 12:00PM
- Afternoon shift: 12:30PM 3:00PM

To register, go to eventbrite.com and search for Jimi Hendrix Park Rain Garden Planting Party.

## **SLOWLY MOVING SEATTLE**

am sitting here with my ballot and finding it difficult to make up my mind on Proposition 1 (transportation levy). Both the Seattle Times and the League of Women Voters (seldom any agreement between these two) have urged a NO vote as it is vague, too expensive and does a lot of what should be maintenance from the annual budget. What SHOULD be



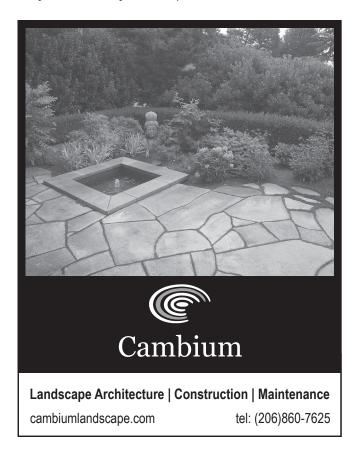
is seldom what IS in Seattle; in lean years, maintenance budgets are cut (both SDOT and Parks have been hurt in recent years, as well as other departments, but we, the public, do notice when maintenance in these 2 departments is lacking).

I attended one of the early public meetings on this project and at that time, they were handing out a list of specific projects which I still have; apparently this piece of information was round-filed somewhere along the way, as I keep hearing the same complaint: which projects?

This levy does replace the Bridging the Gap levy (which brought us the Mercer mess; if this is a "fix", one needs to convince me, as I can wait through three cycles of a traffic light trying to get to the next street), but it is  $2\frac{1}{2}$  times larger. It is estimated that a homeowner with a \$400,000 house will pay about \$200 more in property taxes. Not sure where one finds these \$400,000 homes, but probably not in Leschi. But you can estimate what this means to your tax bill.

The projects fall loosely into three categories: Fixing what we have, focus on safety and relieving congestion. I like the fix-it category and think that replacing old bridges and adding seismic retrofits should be at the top of any list. Let's face it, if you have to drive on a bridge it probably means there aren't other ways to get across that body of water and once ON the bridge, you are committed to what you hope is a non-collapsible ride; no off-ramps over the water. Sixteen bridges were mentioned in my "specific" project list as "vulnerable," but there was no indication of any seismic reports. Are some more critical than others? I suppose replacing an old wooden bridge (Fairview Ave.) would be a candidate.

The safety section builds new sidewalks, repairs damaged sidewalks, completes neighborhood priority projects (unspecified) and improves safety at 750 intersections. The



congestion relief section optimizes traffic signals which does seem like a good candidate for an annual budget; it completes 7 Rapid Ride corridors (mostly north-south routes; nothing is rapid in Leschi), provides funding for the pedestrian bridge over I-5 at Northgate (so North Seattle CC students can get to their school) and provides for a new Link rail station at S. Graham Street.

One of the safety measures that should interest Leschi residents is a focus on safety at the local schools. The only time that Leschi students are really safe is when the crossing guard is there; cars still speed down Yesler Way and breeze through the stop sign/blinking red light at 32nd.

I realize with a levy project this size, adding the more specific information makes the communication more difficult, but at least have some back-up info that interested persons can access online. I looked at **LetsMoveSeattle.com** and found some of the safety around schools info, but no back-up specs on bridges.

I seldom vote against a levy like this, but some of the complaints have concerned me; I am struggling more than I usually do on such an issue. Yes, our streets are in need; yes, the property owners are screwed when maintenance projects are cut from the annual budgets, but how do we recover from those years of too limited funds for maintenance? It does seem that we have to grit our teeth and make up for the city fathers' poor choices at some point...before a bridge falls down. I have to say that I particularly resent these special street/park funds where each neighborhood vies against another neighborhood for crosswalks near schools that should have been put in automatically. Residents take time to submit these applications and then a lot of city employee time goes to "investigating" each and "estimating" cost, the application goes back to the group of residents that has volunteered their time to select the top three. If the money that is put into that fund was just put into the streets budget, maybe it would be more efficient. I guess this is an effort to make us "feel good" if our project is chosen. It seems a waste of time for staff and residents to select a few things that should be done anyway. But that's another issue. You are on your own with this decision. You have the information, you know we need many of these fixes, but you need to decide is it worth it? (And there is a citizen oversight committee.)

-Diane Snell

# BEAVER LODGES IN LESCHI/MADRONA AREA?

Ben Dittbrenner, UW PhD candidate and David Bailey, both affiliated with the advocacy group Beavers Northwest, are currently compiling data for a city-wide map of all the active beaver lodges within Seattle city limits. We are aware of an active beaver lodge at the Lakewood Moorage operated by the Seattle Parks and Recreation. If you have any information that could help us identify active beaver colonies in the area please send it to the volunteer project researcher, Samantha at seattlebeavers@yahoo.com or call 206-375-2744.



# ST. THERESE CATHOLIC ACADEMY INFORMATIONAL MEETING

oin the staff at St. Therese on Nov. 18, 5-7 pm. to learn about their Blended Learning curriculum, small classes and tuition assistance options. Visitors will have the opportunity to tour preschool-8th grade classrooms, meet some of the school's dynamic teachers and hear from Principal Matthew DeBoer.

-Jen Russell, Director of Advancement 206-995-8104, jrussell@stcaseattle.org www.stthereseseattle.com

## **SEATTLE PUBLIC SURVEY**

## **Invitation to the Leschi Community**

Seattle University is administering the citywide Seattle Public Safety Survey. The purpose of the survey is to solicit feedback on public safety and security concerns from those who live and/or work in Seattle. A report on the survey results will be provided to the Seattle Police Department to assist them with making your neighborhood safer and more secure. The survey is accessible at publicsafetysurvey.org from October 15th through November 30th and is available in Amharic, Chinese, English, Korean, Somali, Spanish and Vietnamese.

Please circulate this information to your friends, family, co-workers and community members and feel free to post on your social media. Public safety and security are community concerns. Please make sure your voice is heard by completing the public safety survey today.

If you would like to work with a Seattle University researcher to setup outreach and assist in the facilitation of the survey to your communities or organizations, or you would like more information about the survey, please do not hesitate to contact me.

-Matthew Thomas, matthew.thomas2@seattle.gov Seattle University, Department of Criminal Justice

# **HOPE FOR HOMELESS PERSONS**

oving from a tent to a tiny house with a locking door is a big step for a homeless person. There is a high degree of vulnerability sleeping in a tent or under a tarp; four walls, a roof and that all-important door with a lock can restore a feeling of worth. There are 12 small structures at the Dearborn Nickelsville; they were built by Home Depot volunteers when the encampment was on Jackson by Ernestine Anderson Place. There is a new plan to build 15 more tiny houses on the

# M. Suzanne Heidema

**Certified Public Accountant** 

417 31st Avenue Seattle, WA 98122 p 206.329.5221 • f 206.329.5415 sheidema@msn.com church-owned lot on 22nd near Union. This lot is owned by the Lutheran Church of the Good Shepherd (appropriately named!), the same church that hosted a small Nickelsville tent encampment at the same time as the Nickelsville tent/tiny house encampment on Jackson.

I attended a public event at the lot in September with a life-size sample of a tiny house, built by the Tulalip Tribe. The house is off the ground with a few steps leading to the front door; the house looks solidly built, albeit tiny (120 sq. ft.). It has insulation and basic electricity, but no heating. I spoke to Scott Morrow with Share Wheel, who is part of Nickelsville Works. He said that the tiny houses work for one, possibly two (compatible) persons, and while a step up from a tent, there have been issues with mold, due to lack of heat. Fans are being supplied to keep the air moving and hopefully, inhibit mold growth.

The Tiny House Village planned for 22nd Ave. would have a communal kitchen tent, a secure pantry and a toilet structure with flushing toilets to avoid use of porta potties. A dumpster would handle trash. A gate across the property facing 22nd Ave. is planned.

There are other such villages, notably Quixote Village in Olympia, which has 30 small houses (about 144 sq. ft. each) and a communal hall with kitchen facilities. It is on a two-plus acre property, so each house has space for a yard, and there is a large communal garden.

The tiny village on 22nd Ave. is not considered permanent housing; it is an intermediary step; LIHI (Low Income Housing Institute) will provide services and assistance to move persons



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1126 Martin Luther King Jr. Way, Seattle, WA 98144 (206) 302-1005 Store Hours: 8a.m. - 10p.m., 7 Days a Week to more permanent living arrangements. LIHI has a one-year agreement with the church, which can be renewed if the

LIHI has partners who plan to donate the labor for the tiny houses: South Seattle College, the Tulalip Tribes, Sawhorse Revolution and YouthBuild. Estimated costs for materials to build each tiny house are \$2300. Donations can be made on-line at the LIHI website under Donations. The drop down box will let you choose your donation category; Tiny Houses is on the drop down arrow list.

~Diane Snell

## SENIOR CENTER UPDATE

t the member meeting of October 21, we learned that the redo of the reception area, hallway and dining room / \ was delayed somewhat, but all the painting and new furniture installation should be complete by the end of October. The carpeting will be installed in November, in the evening, to avoid conflicts with classes and events. Over \$40,000 in materials and services has been donated by the International Design Association of the Northwest, working with their business resources.

The Member recognition dinner has changed to a Sunday afternoon "Brunch"; see below.

Soiree', the big money-making event that Senior Services hosts, netted about \$270,000 (short of last year's net of \$350,000.) Auction items donated by the Central Area Senior Center bring profits back to the Center, after a 20% administration fee that goes to Senior Services. CASC's net was \$6000.



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One member asked, "Where does the money come from for projects like renovation of the parking areas?" Dian Ferguson, Director, said that it comes from grants. CASC members are doing well to keep the Center afloat each month, but she stressed that we have not been fundraisers. We need to learn how to fundraise. Right now, we break even and some months have a slight profit.

Everyone was aware that Joie Hsu, the program coordinator, was leaving for another job at Community Health Plan, where she will put her degree to work, measuring health outcomes for various health enhancement programs. Dian said the Program Coordinator job has been posted; the closing date is November 12, but it will take weeks to accomplish the interviewing and review of references before a decision can be made on her replacement. In the meantime, Dian will have to use temporary workers to fill that role.

The meeting ended with various personal tributes to Joie and a celebration of sushi and Red Velvet Cake! Joie is obviously much loved by the members and will be sorely missed; we all felt she would be a valuable asset to her new employer.

-Diane Snell

# **UPCOMING EVENTS AT THE** CENTRAL AREA SENIOR CENTER

#### LIFETIME MEMBER CELEBRATION BRUNCH November 15, 3:30pm-6pm

Please join us in celebrating our lifetime members at the Central Area Senior Center! Lifetime members will be honored with a free brunch-everyone is welcome to come though! It is \$20 for non-lifetime members, \$10 for youth (13-18), and \$1 per age for kids 12 and under. You won't want to miss this celebration with live music from CT Thompson, great food, tributes, and surprise raffle drawings! To RSVP, please call 206-726-4926!

#### GREEN DOLPHIN LOUNGE

November 20, 6pm-9pm

Join Central Area Senior Center's Green Dolphin Lounge on Friday, November 20, from 6-9pm for live music from Josephine Howell! Josephine Howell's gospel roots make you feel good as she sings from her heart and ignites your soul. She performs soul, jazz, rhythm and blues immersed in real life stories. She has performed in venues nationally and internationally, gracing stages from Chicago to Nashville at the Grand Ole Opry, Kenya to Austria. She has also shared the stage with Madonna, Queen Latifah, Ernestine Anderson, BeBe Winans, and many more. She performed at the 2014 Grammy Awards in Los Angeles with Macklemore and Ryan Lewis, with the song "Same Love." Please call 206-726-4926 to make reservations. Cost is: \$15 for lifetime members and \$20 for others and includes appetizers, a no-host bar, live music, and dancing!

-Joie Hsu, Program Coordinator

## **STAIRWAY PROJECT**

The King St. stairs from 30th (by the Senior Center) down to 31st were our work site for the September 19 stairway project. The usual crew of the two Dianes, Jeff Floor and Jim Snell, were joined by 30th Ave neighbor Rick Shinnick and Senior Center member Eunice Bias. We tackled the trash first (more here than on other stairs we have done), then the moss on the stairs and the ledge of the retaining wall that curves around the King St. end. Rick and Eunice worked on removing ivy, blackberry and an invasive locust with unfriendly thorns. The two hours went by quickly and we left eight bags of yard waste for SDOT to collect. Thanks All!

October was to be the last stairway before our Winter break; we figure the rains will hamper our progress in the winter months, but the October work on the Randolph stairs left us feeling optimistic and feeling we could plan for November and just cancel if the rains came. Randolph went quickly. The usual crew of Jeff Floor, Janet Oliver, Jim Snell and the 2 Dianes were joined by Spruce St. neighbor Breayea and daughter with a leaf blower which made short work of the leaves on the stairs, the sidewalk and the gutter. The rains make the leaves slippery and dangerous, and the gutter leaves wash downhill to the storm drains causing other kinds of havoc. So with seven bags of leaves and some ivy, we called it a day. We were cheered on by two walkers up East Alder and two folks using the Randolph stairs. We had not been able to get the signs out ahead of time or we might have had more helpers. We were pleased to see a new (non-leaning) street sign had been installed there since our work party a year or more ago.

So, for November, we'll try to sweep the Spruce St. stairs that lead from Leschi Elementary down to Lake Dell; there is a bus stop there. If you are driving, park at the top on Spruce St. as there is no parking on Lake Dell. These are fairly new steps and only the leaves seem to be a problem at this point. There is always the chance that SDOT will tackle the leaves before our 3rd Saturday, Nov. 21st. If there are no leaves or if there is rain, we will cancel. Watch for our signs if you drive Lake Dell, but if you join us (10-12), do park on Spruce (north side or back of the school).

-The Two Dianes (Morris and Snell)

# **DR. MIKE'S DENTAL TIPS**

# **Are Dental Implants Right For You?**

ental implantation is a science that has been around for about a quarter-century. The process, though, is as much about experience and artistic talent as it is science. That's because you will want the resulting tooth to look as natural as possible, and that takes a good eye and lots of practice.

When teeth are lost, you have several options to replace them. Removable dentures are one option, but fit is an issue, often causing slippage. Wearing dentures can make you very self-conscious and concerned about your appearance. Slipping dentures not only cause you to have trouble eating, but talking as well. Loose dentures can cause you to slur your words or mumble to hold the teeth in place. Permanent bridgework can eliminate the slipping problem, but surrounding teeth must be compromised (reduced) to accommodate the bridge.

With a dental implant, the tooth is permanently affixed in the mouth without disturbing the surrounding teeth. It is possible to

have a single tooth implant, a fixed multiple-tooth replacement, or even a full set of removable, implant-supported dentures.

Here's how it works. The loss of a tooth also means the loss of bone as well. If too much bone is lost, the dentist will probably do a bone graft to help regrow bone before the tooth is implanted. Once there is enough bone to support a titanium post (which replaces the root), a healing time of four to six months is required for the bone to grow around the implant. Once that occurs, an abutment is affixed to the crown, the part of the implant that is seen and is the actual tooth, and then attached to the post. The tooth looks, feels and functions the same as your natural teeth.

A team of professionals works together to assess and plan the dental implant placement. This includes a dental surgical specialist, a restorative dentist and a dental laboratory technician. The surgeon—a periodontist, an oral surgeon or a general dentist with advanced training—does the surgical work necessary. A restorative dentist plans and places the implant. The dental lab technician fabricates the tooth. Working together, they create a tooth, bridgework or dentures that affix to the implant, and look and function naturally.

While natural teeth are subject to decay, implanted teeth are metal and do not decay or need root canal treatment. Teeth may also be susceptible to periodontal (gum) disease, while implants are not. However, implants may be susceptible to peri-implantitis, an inflammation of the tissues surrounding the implant, so good dental hygiene is still very important, including daily brushing and flossing and regular care by your dentist.

Most people who have lost a tooth or teeth are candidates for dental implants, so long as they are generally healthy. Some diseases and conditions may preclude implants, however, so you must talk with your dentist to see if you are a candidate.

-Dr. Michael Bilikas, 32 Pearls



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# Culture Corner

# LOCAL ACTIVISM PART II: WALTER BODLE AND YOUTH IN FOCUS

by Susan N. Platt, PhD. www.artandpoliticsnow.com

Iving right here in Leschi is an exceptional person named Walter Bodle. Bodle speaks quietly, but do not be misled. He is an accomplished photographer, a founder of an award winning organization, Youth in Focus, and a person with a long-time commitment to providing opportunities for at-risk youth as well as to activism for peace in general. For many years he taught social studies and economics in a high school in Compton, California, famous as the place where the rap group NWA began (just chronicled in the 2015 movie "Straight Outta Compton"). Bodle has written about the high school at that time, its mix of danger, drugs and opportunity for those who found their way to it. As he explained to me, upward mobility in Compton was a move to Watts. His





Walter Bodle "Not My Dog," 1982, along a highway through the Mojave Desert, 16"x20"

years at Compton spanned from the Watts riots to the Rodney King shooting.

When Bodle moved to Seattle in 1991, he came with his insights and skills from years of teaching at Compton. Around 1998, he started a summer program in photography "to distract a few kids" as he put it. Working with donated space and supplies, he eventually recruited 20 students for that first year. With teaching by himself and Alejandro Tomas, from Seattle Central Community College, the program began. Since that beginning, the program has moved three times, expanded to 200 students per year, with three paid administrators and many teachers. It won the Presidential Award from the National Council of Arts and Humanities in 2000.

The program is not about job training, but about building self-esteem. As stated on their website: "Our mission is to empower urban youth, through photography, to experience their world in new ways and to make positive choices for their lives... Through photography our students find their voice, identity, creativity, and gain new confidence in their worth and abilities." Each student participates in an End of Quarter exhibition that includes their work, a self-portrait and a statement about themselves. The next one is November 18 at 5pm in their now permanent home at 2100 24th Ave South.

But back to Walter Bodle himself. Right now, we have a rare opportunity to see his photography in a retrospective exhibition. His eye is sharp, his compositions subtle and his sense of color compelling. Although he calls his work "travel photography," that is too generic. His images seem to simply record what he sees almost accidentally. But there is usually more to it than that: he implies stories, often with a sense of humor and a reference to popular culture. For example, "Not My Dog" is a quote from the Peter Sellers movie Pink Panther. If you look hard enough you can see the dog, but with that title, the photograph is no longer a desolate scene, or a romantic reminder of an old road trip, but a reference to a funny incident from a very funny movie.

"Walter Bodle A Retrospective" Museum Quality Framing (428 Westlake N. at Republican, S Lake Union) until mid November. Proceeds from sales will benefit "Youth in Focus."

## **MUSEUM EXHIBITIONS NOW ON VIEW**

TACOMA ART MUSEUM: "AIDS America"

October 3-January 10, 2016

A major exhibition created by the Tacoma Art Museum. It presents 1500 art works in all media, many of them by well-known artists who died prematurely in the AIDS crisis of the 1980s. The thesis is that these artists changed the course of American art at a time when it was mainly focused on abstraction that was devoid of social context.

#### MUSEUM OF NORTHWEST ART:

"Not Vanishing: Contemporary Expressions in Indigenous Art, 1977- 2015"

October 10-January 3

Curated by Gail Tremblay, well known poet and visual artist, the exhibition presents 49 artists from 23 tribes creating extraordinary imagery that is funny, sardonic, beautiful and compelling all at the same time.

#### **ASIAN ART MUSEUM:**

"Paradox of Place, Contemporary Korean Art" October 31 - March 31

"Leading edge new media by 6 Korean Artists" (not yet open at press time).

#### FRYE ART MUSEUM:

"Genius/21 Century/Seattle"

September 26 – January 10, 2016

65 Seattle artists who are recipients of The Stranger "Genius" awards. Constantly changing exhibition including video, dance, poetry, literature, performance and installation. Check the website to see what is coming up: fryemuseum.org.

## **BOOK REVIEW**

## The Boys in the Boat by Daniel James Brown

**T** f you've not yet read the Boys in the Boat about the UW's rowing team that won the 1936 Olympic Gold Medal in Berlin, I strongly recommend you get a copy for an illuminating and wonderful read. Meticulously researched by the author, it depicts the trials and tribulations of the "eight," especially the early childhood of Joe Rantz, and the struggles to earn the wherewithal to attend the UW during the Great Depression. Also featured is the talented builder of the shells, George Pocock and the boys' coach, Al Ulbrickson, who had rowed to an Olympic Gold in 1928.

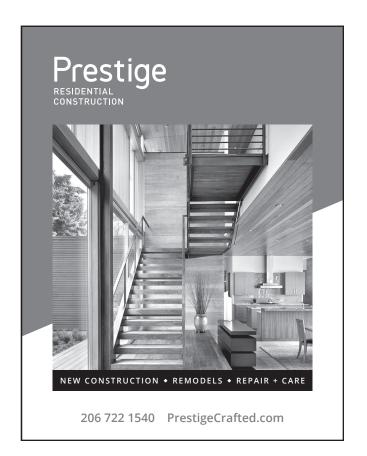
-Diane Morris

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# Seeking Sustenance...

# **THANKFUL FOR WINE**

an it be? The holiday season is really upon us once again? Thanksgiving is a week filled with sights, scents, and memories that take us back in time. Grandma's traditional stuffing and sweet candied yams, Auntie's addictive pistachio-marshmallow salad, wondering which family member will be caught tearing a piece of crispy buttery skin off the turkey before dinner, and hoping someone remembered Dad's mustard. New dishes infiltrate the tradition like warm Brie with herbed cranberry sauce and cheesy shredded potatoes. Is it time to set the table yet?

It is truly a meal focused on everyone's favorite flavors while at the same time having little focus at all. What I mean by that, solely from a culinary standpoint, is that the dishes run the gamut of palate emotions, usually all at the same time: sweet, salty, rich, creamy, light, heavy, briny, herby, tangy and so forth. The most common question I get this time of year: "How could I possibly pair wine with everything that's going on?"

The easy answer is: "Well, you can't." But that just wouldn't be accurate (or fun) at all! In fact, certain wines pair perfectly with a Thanksgiving feast. Whether you are playing host or a visiting guest, following are a few tips and suggestions to keep in mind.

Generally speaking, I first recommend that you drink what you and your guests like. If you prefer Old World style of wines, let's find a French that will work. Only satiated by Washington reds or California whites? No problem. When pairing reds or whites to specific foods, you will want to remember to try to match acidic foods with acidic wines, creamier and richer foods with weightier and richer wines. Let's get more specific.

In the realm of white wines, Chablis, Pinot Gris and Chardonnay will be your best options. Chablis (northern Burgundy) is crisp, lean, complex and loaded with an unmistakably delicious minerality. Pinot Gris, especially those from Oregon, exude a touch of creaminess while maintaining a dry lightness on the palate. Chardonnays with a kiss of oak enhance buttery and roasted notes in everything from the turkey to the mashers.

Red wine options include the light to medium bodied Pinot Noir, Gamay Noir, Burgundy and Beaujolais. Pinot Noirs and one of my personal favorite varietals, Gamay Noir, are great matches for lighter, leaner fare. Pinots have more of an earthy-mushroomy characteristic (think roasted root vegetables!) while Gamays are bright with flavors of black cherry and raspberry with a touch of spice. Red Burgundy is primarily made from Pinot Noir, exhibiting

solid raspberry and strawberry notes, good earthiness with great balance and complexity. Beaujolais (technically the southern region of Burgundy) is made from Gamay Noir. They offer a light and refreshing more fruit forward style. These four red wines, by and large, are higher in acid and lower in tannin, creating perfectly balanced wines for food. Full bodied, bold Cabernet Sauvignons or red blends from Walla Walla or Napa are also sure to be big time crowd pleasers too.

Save room for dessert? Finish dinner off with a Sauterne or Port. Both pair well with the tartness of a freshly baked apple pie and the spiciness of pumpkin chiffon pie while not being too overpoweringly sweet or syrupy. A delicious way to end a hopefully delicious meal.

- Chablis: 2014 Domaine Garnier & Fils, Chablis, \$16
- Pinot Gris: 2014 Elk Cove Pinot Gris, Willamette Valley, \$17
- Chardonnay: 2013 Davis Bynum, Russian River Valley, \$20
- Gamay Noir: 2013 Brick House Dragon's Tale, Ribbon Ridge, \$29
- Gamay Noir: 2010 Domaine Vincent Siret-Courtaud Chateaumeillant, Loire, \$14
- Pinot Noir: 2013 Purple Hands, Willamette Valley, \$20
- Burgundy: 2011 Domaine Michel Gros Cotes de Nuits, \$30
- Beaujolais: 2011 Domaine des Nuges, Beaujolais Villages, \$13
- Red Blend: 2012 Ryan Patrick Vineyards, Rock Island Red, Wahluke Slope \$15
- Rosé: 2014 Domaine Sorin Terra Amata, Provence, \$11
- Dessert: 2009 Chateau Lamourette Sauterne, Vin de Bordeaux, \$20

#### **ENJOY! CHEERS!**

Kenneth Benner, a Seattle area native, is a trained chef and has worked in such restaurants as Barbacoa, B.O.K.A. Kitchen + Bar, and Dahlia Lounge. Ken is the wine buyer at Leschi Market. He has a passion for learning, a meticulous palate, and a tenacity for searching out the best for his customers while offering some of the most highly coveted wines in the area. His monthly column is intended to inspire and explore new choices in wine, learn about wine with his readers, and share his knowledge and experiences in the wine world. Check out the latest at www.LeschiMarket.com.

# ...in the Wilds of Seattle

## **BIG CHICKIE!**

eruvian style chicken comes to Seattle! The chicken is marinated for 24 hours in a secret citrus-based sauce (which is not sweet). Then the chicken is "roasted" over a hardwood fire. I had resisted going here as I don't eat meat or poultry, but I knew my spouse was interested so I checked out the online menu and sure



enough, a veggie plate. The veggie plate is a very large serving of rice and black beans and two sides of your choice. You are also offered your choice of one of three sauces. That question came as a surprise and I went for mild yellow sauce; if we go

again, I would order the jalapeno sauce, as rice and beans can take a heftier spice. Actually, I would order just two sides, as the sides are interesting and mine were filling without the beans/rice combo: I ordered the coleslaw and herbed roasted fall vegetables (sweet potatoes, carrots, red onion and mushrooms.) The roasted veggies were so tasty it made me wish I had ordered the spicy carrots or another side more interesting than coleslaw. A delicious corn muffin accompanied my combo.

Spouse's Chickie sandwich on bun came with coleslaw on top of the chicken inside the bun! He was offered one side and ordered cheesy potatoes, instead of the usual fries. At \$8.35, he did not feel the sandwich compared favorably for flavor to the stuffed pita sandwich for \$6.95 at Mediterranean Express on Broadway. Their offerings are very garlicky and much more flavorful, he said. (This family likes garlic.) But the servings are very generous here and roasted chicken is much healthier than fried chicken and how can anyone go wrong with all the veggies: lime-glazed sweet potatoes, chile-glazed carrots, 2 pea salads and even a Monster Kale Salad. (I had the uncharitable thought that one needed monster teeth to chew through kale, but then I haven't been won over to kale yet.)

The place appeared spotless and there is a choice of eating inside a tent-like structure or on nice days, at picnic tables outside.

#### **BIG CHICKIE!**

5520 Rainier Ave S. Seattle, WA 98118 Mon: 4:30 pm-8:30 pm, Tues-Thurs: 11am-8:30pm, Fri-Sat: 11am-9pm. http://bigchickie.com

-Diane Snell

## **CHUTNEY'S**

f you like Indian food, or would like to try it, I recommend a visit to Chutney's Bistro in the Wallingford Center (site of a former elementary school). It's an all-you-can-eat smorgasbord served Monday through Friday, 11am to 2:30pm, for only \$9.95 per person. Chutney's specializes in northern Indian food: biryanis (rice with meat and spices), tikkas (meat cutlets in marinade), kebabs

and naan. (They even have a gluten free naan.) The entrees are offered in a large steam table with peppers, hot in both



spice and in temperature available to add (or ignore, if you don't like your food too spicy). Starters such as pakora are offered and there is a salad bar with some traditional Indian salads or a basic Caesar. You can fill a large plate or a divided metal tray with items of your choosing and return for seconds. The food is organic and freshly prepared and there are many vegetarian options. Delicious drinks are available at extra cost, including organic wine and gluten-free beer.

The high ceilings, many windows and exposed brick walls in this old building are visually pleasing, and in nice weather, there is an outside eating area.

## **CHUTNEY'S BISTRO** 1815 N 45th St. Seattle, WA 98103 (in Wallingford Center)

-Diane Morris



#### LESCHI COMMUNITY COUNCIL

#### **CORRECTION:**

Last month we printed the list of restricted funds that Leschi CC holds; we made a mistake in the amount shown for the Officer Brenton fund. The CD amount was merged into the cash amount. Correct totals are: \$4,619.99 in LCC checking account and \$11,246.02 in a CD. The total of the two is the same: \$15,866.01.

# LCC EXECUTIVE BOARD MEETING 10/20/15

Present: Diane Morris, Janet Oliver, Kim Murillo, Tracy Bier, Diane Snell and new member: Yousef Shulman

**Introduction of Yousef:** everyone knew everyone else already!

**Minutes:** taken by Diane S., who requested a quick approval by email so the minutes can go into the November newsletter.

**Treasurer's report:** Kim noted an error in the last newsletter in the restricted funds report: the CD amount had been added into the cash total. Correction to be printed in the November newsletter.

**Board meeting change:** We originally met as a Board on the Tuesday after the first Wednesday (general meeting night); we changed it to Monday to accommodate a Board member. Yousef cannot meet on Monday nights and we want to change back to Tuesday. This change seemed to benefit some members and the vote was unanimous.

**ArtWalk:** Recap: M&Ms in glass bowl attracted many families to stop by the LCC table; the candy was on eye level with their young children. The map was an attraction; everyone wanted to find their house. We are considering dots to place on one's house for next year. We gained some new readers for the Leschi News.

**Spooktacular:** the 5th annual Halloween event will take place in Leschi Park this year in a big tent that belongs to Dr. Mike; he also has many Halloween decorations, including a chain saw gargoyle like those on Paris' Notre Dame. Park permit for 3-7pm will allow for setup and breakdown for the 4-6pm event. Leschi Elementary has posted it on their reader board and agreed to post flyers; Diane Morris taking both posters and half sheets to school on 10/21.

**Stairway Project:** Diane Morris said that we had considered taking a winter break Nov. through Feb., but were encouraged by the successful Randolph stairs work party on the 17th with help from neighbors. We will plan a 3rd Saturday work party at the Spruce Street stairs on Nov. 21 to sweep leaves; project cancelled in case of heavy rain.

**Moorage & Lake Dell retaining wall:** Diane Snell reported that she learned from an aide in Sawant's office that Parks will not be spending the \$4 million on repairs for the South

Marina as it is "not enough" to do all the repairs. Concerns were expressed that the \$4 million will somehow disappear in the transition and we need to keep an eye on this and keep it publicly visible.

SDOT arborist Tyson Goeppinger notified us that the Lake Dell retaining wall would not support any kind of planting; the area at the bottom of the wall is too shallow and too narrow. His email was also sent to Art Brochet (SDOT), who had offered this option to us originally. Diane S. has not had an answer to her email asking who would maintain the site, ridding it of horsetails and morning glory. Despite the fact that the city doesn't support murals any longer, we are looking into this as some recent murals on private property have an acrylic overlay that protects the mural from weathering. We have talked to Stephanie Tschida about this; she has experience in mural projects that involve the participation of at-risk youth.

**Program:** November Density/HALA: Jeff Floor is preparing a program on density for November meeting. This was a question that kept coming up at our June meeting with Kshama Sawant. Folks either have moved here since the vote on density or don't remember it. Jeff will give the history of this and then move to current projects like the 23rd Ave. Action Plan and HALA (Housing and Liveability Agenda). Mike O'Brien's office has been contacted for a HALA speaker; it is very unlikely we would get CM O'Brien as he has been at events almost every night for months now, but his office aide is helping to find a person who can speak on this issue, which is poorly understood and seems to be feared by many.

**December program:** Holiday concert with Garfield musicians. Wine and appetizers as well.

The last item to be discussed was the Leschi Park permit for the Spooktacular event. This is the 5th year that the Leschi Business Association has put this event on and it has slowly grown from a very modest affair to quite a busy time last year as children and entire costumed families showed up for their pictures to be put on our website. All agreed that we have many more children in Leschi now. Diane Snell said she had obtained the permit with the Leschi CC credit card as the LBA does not have one; she was concerned that the Board had not been consulted first but there are times when actions are urgent and trying to get Board approval can be lengthy. The cost is \$175 and we will ask the participating businesses to contribute toward this cost. Diane S. said that some years ago, the Board had approved a measure that allowed the president to spend an amount without Board approval when necessary; unfortunately, she couldn't remember the amount. Kim suggested that a discretionary fund be set up for this purpose. Motion made: Establish an annual discretionary fund for the use of the President(s). The motion was seconded and approved unanimously.

Minutes respectfully submitted by Diane Snell

## Support your community by joining the Leschi Community Council! We create awareness of neighborhood issues so residents may make informed and effective decisions. LCC joins with the Leschi Business Association on ArtWalk and Halloween Spooktacular LCC supports the Instrumental Music Program at Leschi Elementary LCC supports volunteer activities in our local parks and on our public stairways LCC supports the Central (Central Area Senior Center) LCC produces the Leschi News 10 times a year Name Phone Address City State Zip **Email** All donations are tax-deductible as we are a non-profit 501-C3. CENTRAL AREA SENIOR CENTER, 500 30TH AVE. S. My check is enclosed: ☐ \$35 family membership ☐ \$25 individual membership inside the news ☐ \$15 student/low income/ senior membership 4 ArtWalk ☐ lam making an additional donation for LCC work 5 Tax Assessor Meeting SAVE THE 6 Warm Winter on Tap 10 <sub>Creative Activism</sub> Mail to:



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pooktacular!!!

**Leschi News advertising rates:** business card, \$30; 1/4 page, \$60; 1/2 page, \$120. Contact Diane Snell at 206.726.0923 to advertise to your community.



The next Leschi News deadline is **NOVEMBER 16**. Mail all articles, comments, letters, advertisements, and membership dues to this address: Leschi Community Council, 140 Lakeside Ave Suite A #2, Seattle WA 98122-6538 or email Diane Snell at leschinews@comcast.net

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or leschinews.com

contact Darcy Thompson for Frink Park work

parties at 206.325.4295.

# november 2015 calendar (Sorry for last month's misprint; this is the ACTUAL November calendar!)

#### NOV. 3 VOTE!

- NOV. 4 Leschi Community Council meeting: 7pm at the Central Area Senior Center
- NOV. 7 Leschi Natural Area work party: 9am-3pm. Lunch & tools provided. 36th & Terrace.
- **NOV. 10** Leschi CC Executive Board Meeting: 7pm, 128 30th (Diane Morris's); NOTE: change in day
- NOV. 12 Central Area Neighborhood District Council: 6pm at The Central, 500 30th Ave S.
- **NOV. 14** Seattle Neighborhood Coalition, 9am at The Central (Breakfast: \$14)
- **NOV. 18** Informational meeting at St. Therese Catholic Academy, 5-7pm, 900 35th Ave., see page 7 for more information
- NOV. 14 Jimi Hendrix Rain Garden Work Party, see page 5 for more information
- NOV. 20 Green Dolphin Street Lounge: 6-9pm, featuring Josephine Howell, see page 8 for more information. Admission is \$20 for non-members and \$15 for lifetime members. Refreshments. No Host bar.
- NOV. 21 Leschi CC stairway cleanup at Spruce St. stairs, from Leschi Elementary down to Lake Dell. Meet at 10am at top of stairs on East Spruce. Bring tools, especially brooms to catch those autumn leaves. 10-12noon.
- NOV. No EastPAC mtg (the usual day falls on Thanksgiving; you may have other obligations!)