CELEBRATE THE CENTENNIAL OF THE 19TH AMENDMENT!

Attend our Reenacted Suffragette Meeting with Actor Tames Alan

MARCH 4, 7:30PM
at The Central Area Senior Center, FREE!

As we celebrate the Centennial of the passage of the 19th Amendment, we are familiar with some of the names like Susan B. Anthony, Elizabeth Cady Stanton, Matilda Joslyn Gage and Lucretia Mott, but there were many others and many incidents not as well-known as the marches of women in white carrying banners for equal rights; It was a 72 year old struggle with arrests, imprisonment and forced feeding following hunger strikes. Not a pretty picture! If you want to see the gritty side, we recommend the film Iron-Jawed Angels.

But let's look at some of the lesser known incidents. In 1838, white women and African American women joined forces in an Anti-Slavery Convention of American Women in Philadelphia Hall in Pennsylvania. Pro-slavery men were so incensed, they threatened to burn down the meeting hall and did so. When the women exited the hall, it was surrounded by angry mobs of men and windows were being shattered; each white woman joined arms with each African American woman for protection.

The First National Women’s Rights Convention was held in October 1850 in Worcester, MA with this resolution “to secure for (women) political, legal, and social equality with man, until her proper sphere is determined by...her powers and capacities...”

In August 1862, Matilda Joslyn Gage, in support of the Civil War to end slavery, said “unless liberty is attained—the broadest, the deepest, the highest liberty of all—not for one set alone, one clique alone, but for man and woman, black and white, Irish, German, Americans and Negroes, there can be no permanent peace.”

Following the Civil War, Congress outlawed slavery and granted African American men the right to vote, but not women. The American Woman Suffrage Association supported the 15th Amendment for men's voting rights but went on with their struggle for equal rights for women.

Declaration of Rights of the Women of the United States, July 4, 1876: “...we deny that dogma of centuries, incorporated into the codes of nations—that woman was made for man...”

A “suffrage boat” took 200 people past the Statue of Liberty in 1886 while Lillie Devereaux Blake, president of the NYC Suffrage Association said the Statue seemed to say with her silent lips of bronze, “I am the embodied hope of the future and the enthroned prediction of liberty for women.”

Ida B. Wells, African American journalist and activist, refused to march at the back of the Woman Suffrage Procession in 1913 and instead, joined her own Illinois delegation saying, “either I go with you or not at all.”

The National Women’s Party began picketing the White House led by Alice Paul in 1917. Woodrow Wilson had them arrested; the hunger strikes began in prison. Three years later, in 1920, the suffrage amendment was passed in the House and then the Senate. Then began the process of ratification by the states, culminating in the final vote of Tennessee. In the words of Carrie Chapman Catt, “Let us remember that we are no longer petitioners. We are not wards of the nation, but free and equal citizens. We have proved in Tennessee that this is a government of the people, not an empire of corporations. Let us do our part to keep it a true and triumphant democracy.”

And so, we must continue this tradition of voting and supporting voting rights for all. And we will all hope that Ms. Chapman Catt is not turning over in her grave about the modern-day part of corporations.

Selections compiled by Diane Snell from a product of the Syracuse Cultural Workers in the form of a calendar celebrating the 19th Amendment “HEAR US ROAR”. Let’s continue roaring!

inside the news

5 Officer Elections in May
9 Water Supply in Good Shape
11 Conversation with Lawrence Pitre
12 Neighborhood Wine Icon Retires
Hello Fellow Leschi Residents,

Well, as you read this message, we are about to “spring forward” on March 8th.

Are you ready? I would be curious as to your feelings about it...love it, hate it, or leave my circadian rhythms alone.

We have an exciting program lined up for March, which is Women’s History Month. This also coincides with this being the 100th year anniversary of women’s right to vote, or the 19th Amendment to the Constitution. We are very thrilled to have Tames Alan, a performer who has appeared at the Ashland Shakespeare Festival, as well as local historical theatre. Tames will depict what life was like as a suffragette. This program is an opportunity to dial back time and honor the rights of women and the women who made it possible. Please join us.

Again, the Leschi Art Walk will be in Saturday, September 12th this year. We are looking for both artists and volunteers who want to help this event continue. Last year we had new artists on board and each year, the artists, plus the events focused on children in the park, are a great way to meet and interact with your fellow Leschi neighbors.

As you embark on planting spring flowers, note that there are always programs that need volunteers headed by John Barber aimed at continuing to beautify our street ends and small parks that are underserved by the Seattle Parks Department.

Please join us on Wednesday, March 4th for the Suffragette presentation and reach out to your neighbors to see if anyone needs a ride that evening to the Central Area Senior Center. The program will begin at 7:30 pm.

Warm regards,
Janice Merrill Brown, President, LCC
From the Editor

LIFE AND TIMES IN LESCHI
This is the first in an ongoing series based on my 44 years (so far) of life and times in and sometimes out of Leschi. Thanks to editor Diane Snell for soliciting additional writers to the already lively Leschi News. So, let’s jump right into it.

I first moved to Leschi in the spring of 1976, though but for a fluke it would have been three years earlier. After being pushed out of a Capitol Hill rental (where I learned auto mechanics in the backyard garage) by an avaricious landlord in 1973, I got together with my brother and three friends to look for another house. We found a great one on 30th Avenue South and had a verbal deal to rent it, but late in the game the landlord decided to move into it himself, so we were back on the streets searching.

For people like me with some ingenuity and no money, those were good times. (Leschi’s Bill Corr, when trying to raise money for the fledgling food co-op, called our Capitol Hill commune the one with “the least visible means of support.” Or maybe he meant “least-visible.”) Seattle was still in the (latest) Boeing recession. Rent and food were cheap, and co-ops of all sorts were springing up. The central part of the city was littered with vacant, foreclosed houses that had been bought with zero down during the boom times. Unfortunately, the Federal Housing Administration, which held the note on most of them, was keeping them off the market. We prowled through many of them, on east Capitol Hill and even down to Madrona Drive, hoping against hope, but all we found were Princess phones with lighted dials. In those days, all phones were owned by Ma Bell—until we came along, anyway. We amassed a good collection of them that lasted for years to come.

We had developed a nose for empty houses, FHA-owned or not. In the fall we hit the jackpot. On a side street in Madrona there was a sturdy old house with nice white columns holding up the front porch. Scrawled in lipstick on one of the posts were the words “Thelma the Bitch.” Inside, we found Thelma and her family cleaning up the wreckage left by disgruntled recently departed tenants. By comparison, we seemed like responsible renters, so Thelma made a deal with us for about $180/month.

After a couple of years, Thelma offered to sell me the house for $18,000. I consulted with my father, who was still thinking of the time in 1963, during another Boeing recession, when he got a job in California and we were unable to sell our Seattle house. (We rented it for two years to a black family, in all-white Lake Forest Park—a story with a Leschi connection, for another time.) He advised me not to buy. A couple of years later, after I had moved, Thelma tracked me down and offered the house again, this time for $60K.

Next month: Destination Leschi.

~Roger Lippman

Submitted February 17, 2020, the 50th anniversary of TDA. For that story, see http://roger.lippnet.us/trial.htm.

SMALL MEDIA VICTORY
Last month we wrote about the problems for the Madrona News and national news carried more stories about struggling newspapers and possible future consolidations. Seattle does not do well with only one paper; news is thin unless you are a sports fan. So, it was heartening to read about one small victory.

THE MOUNTAIN MESSENGER
The New York Times carried a full-page story about the only paper in all of Sierra County, CA. This paper has been in existence for 160 plus years and actually carried some columns by Mark Twain in its early days. The editor was retiring and there was no replacement. At the last moment, a 71-year-old retiree stepped forward and bought the paper for a 4 figure sum. This is NOT a money maker; the paper loses money each year and there is a one and a half hour mountain drive to the printing company to pick up the finished paper. Then it is delivered by the editor to the various locations in the entire county. (We just deliver in Leschi and Madrona!) But the paper goes on and the citizens are delighted! One small victory in the media world! Meanwhile Trump’s budget cuts out funding for NPR by 2023.

Our plea for contributors last month brought forward a Leschi resident of some 40 years; we talked at length about our experiences here and I learned quite a bit about life in Leschi before we moved here in 1989. We welcome Roger Lippman with his monthly column!

~Diane Snell
MEETING WITH JOSEPH ELENBAAS, CRIME PREVENTION OFFICER

We had a small but lively and informative February meeting with our local Crime Prevention Officer, Joseph Elenbaas. He has been in this position for 18 months now and comfortably answered our questions. He described his position, listing the many meetings he attends in an effort to increase communication among various administrative and local groups. He is responsible for helping to form block watches and told us there are two new areas in Leschi that are interested in forming a block watch.

Joseph will do security assessments for prospective block watch participants and actually anyone who requests one through email at joseph.elenbaas@seattle.gov. Each assessment lasts about 90 minutes (depending on size of house); he checks all doors and windows as well as outside vegetation. He said most doors are kicked in by burglars and there are things one can do to strengthen their doors.

The difference between SPD numbers on various crimes can probably be attributed to lack of report. Joseph told us that reporting on NextDoor Leschi is NOT a police report. SPD can post events on NextDoor but cannot read the contents. He did assure us that the home photos of the act of stealing packages can result in arrests and convictions. SPD links similar photos and when stolen property reaches a total of $1000, it is seen as a felony and is easier to get a conviction. If one is concerned about calling 911 as a stolen package is not exactly an emergency, he recommended calling the non-emergency number: 206.625.1511. Filing a report gives you a case number for the incident.

One submitted question concerned how to request a “wellness check”; we were advised to call 911 and know the location and give specifics which concern you. This could be a case of a neighbor who is not answering the door or the telephone and has not been seen in a while.

Another question was about Personal Safety Workshops. Joseph said that there is one at the East Precinct in March and he is currently trying to find a date at the Senior Center. These programs are designed for women, but not exclusive. Anyone can attend. Information about meetings can be found on NextDoor and on Eventbrite or better yet, get a list of the planned meetings by emailing. Get a list of the planned meetings by emailing Jennifer.danner@seattle.gov. She coordinates and leads these workshops.

This year’s data so far shows 50 calls for drive-bys in our precinct, 14 traffic stops, a slight increase in crimes against persons (i.e. plus 1) and a slight decrease in crimes against property.

When calling 911 to report something, you will need to specify location; if you can’t see a street sign, the number on the closest light pole works. SPD can use that to determine the location. Try to have a complete description of the suspicious person; Joseph said that jackets can be ditched but shoes are NOT! Facial hair, earrings, tattoos are important characteristics to report.

Our sector in the East Precinct is the George sector and our neighborhood officer is actually Officer George (Corey George). Joseph recommended the Find it/Fix it app for reporting concerns. You can actually use this app to report encampments in our parks. He also said that if you would like a car club, you can obtain one free by calling the East Precinct. He recommended signing up for SMART911 as cell phones are not linked to an address without this extra step. More about his program next month.

Attendees were able to share some of their personal experiences and we learned some details about recent incidents which would make us more successful criminals if we were so inclined and we will not repeat that information here but it was entertaining! Sorry you missed it!

~Diane Snell

NEW SHORELINE STREET END PROJECT IN PROCESS

Friends of Street Ends is excited to invite Leschi volunteers to help out with a new shoreline street end project that is located just to the north of us!

As many of you already know, Friends of Street Ends (FOSE) is a city-wide volunteer group that advocates for new shoreline projects and works to improve those currently in existence. FOSE
was founded by three Leschi residents over 25 years ago so it is exciting to see new projects. Leschi is already home to four publicly accessible street ends.

This new one is located at the north end of Madrona Park on the water—directly north of the brick pump station. This is a very small site that is completely covered with laurel bushes, blackberries and other invasive plants. The plan is to clear the invasives and open up the view to the lake—and to Mt. Rainier!

Work has already begun and will be scheduled periodically throughout the Spring—weather dependent. If you are interested in helping out, please contact Evan Boyd (evboyd@gmail.com or 206-280-1857 or Karen Daubert (karendaubert@msn.com or 206-310-1792).

Happy Spring!

LCC ELECTIONS IN MAY

Leschi Community Council officers have two-year terms and all positions are open in May. One officer is term limited and that is the current secretary. The other three officers have completed their first two-year term and can run again if they wish.

To learn about the duties of the positions, go to Leschi CC website and select “Our Council” from the choices at the top. Then select Documents and page down through the constitution and by-laws until you come to Article V: Officers—Duties, Section 1–4. We no longer elect a representative to the Seattle Community Council Federation as this group is no longer meeting.

We encourage all who are interested to send their names to leschinews@comcast.net. The president will appoint a nominating committee who will present names at the May meeting.

Step up and help to guide your council through the next two years!

~Diane Snell

GENIUS UNBOUND:
MUSIC OF THE STYLIST PHANTASTICUS

If you love Baroque music, you won’t want to miss this concert featuring baroque violin virtuoso Tekla Cunningham and the colorful continuo team of Pacific MusicWorks led by Grammy-award winning conductor Stephen Stubbs.

SATURDAY, MARCH 7, 2020, 7:30PM
Nordstrom Recital Hall at Benaroya Hall
200 University St., Seattle, WA 98101

SUNDAY, MARCH 8, 2020, 2PM
Epiphany Parish of Seattle
1805 38th Ave., Seattle, WA 98122

Admission: $45–$35, under 18 FREE; discounts available; Contact: 904-404-2912
www.pacificmusicworks.org

FROM TREES OF SEATTLE
FEBRUARY NEWSLETTER

Using Technology to Save Old Trees

Trees that have passed their peak maturity and are showing signs of decay in their wood or roots are considered veteran trees. Decay in veteran trees can come from a tree’s old age or be brought on by other natural or human-related causes. Veteran trees are very important to Seattle’s urban forest as they support wildlife and provide much greater public benefits than smaller trees. For these reasons, the City of Seattle takes great care in deciding whether or not to remove a veteran tree.

One tool currently used by our Seattle Parks and Recreation department to determine if a veteran tree can be safely kept is called Rinntech ArboTom. Like a sonograph for trees, this tool sends sound waves through a tree’s wood to determine how much weight the wood can hold—an indication of the tree’s strength and durability.

The program can use this information to predict the tree’s ability to withstand heavy winds, provide a relative safety level for the tree, and even simulate pruning to determine if removing only parts of the tree will keep it strong and safe for more years to come.

If the resulting data is positive, Seattle Parks and Recreation will keep the tree, prune it if needed, and monitor yearly to make sure the tree continues to be a strong, reliable part of the urban forest.

~Submitted by Anne Depue
FRINK PARK RECEIVES HISTORICAL STATUS

The Washington State Historic Preservation Officer has announced that Frink Park, Mt. Baker Park & Boulevard, Colman Park and Dose Terrace stairs have all been listed in the National Register of Historic Places!

Thanks to Darcy Thompson for sharing this information from an official letter she received.

HIDDEN HERO

Found in Leschi, a 6 year old who enthusiastically jumped into a service project and encouraged her entire family to assist! Proud mother Theresa writes the following:

As we are wrapping up our donations, we are blessed abundantly at the outpouring of love to give back. I’m so proud of Ava Denmark who is only 6 years old in the First grade whose has the biggest and most generous heart.

When she discovered her class would be collecting donations to give to the homeless, she came home and asked me if we could help her class with as much as we could because she wanted to help as many homeless people as she could.

So with the help of friends, and some very generous neighbors we came together and we conquered. We were able to fill one very large box that is overflowing. We had to create another box which is filling up.

DOMA INDIA: CURSO DE CABALLOS Y LA VIDA

Cello Lockwood reports on her last days in Argentina before she moves on to Australia.

After a week of patience boot-camp, the work with horses finally began. Kind of. We collected 8 Criollo ponies out of a swarm of candidates at a farm down the road and rode them through the hills back home. (Normally we would use a trailer, but the truck had broken down on the haul back from Oscar’s.) The horses’ hooves were exhausted from the trek on cobblestone road, so we wait another couple of days before beginning to work with them.

The Scarpatis work in the ancient method of Domia India; horse taming rooted in the power of respect and compassion, the formation of a relationship built on trust and respect. The first day, Cristo spends time teaching me as I work with a nervous young filly in the corral. My heart beats hard when it comes time to mount her saddle-less and bridle-less. I feel a surge of gratefulness, pride, and anxiety as I slip my leg across her back. Her black coat is hot from sweat and the sun. I press my face into her tangled mane as she, too, breathes quickly. “Bien,” says Cristo. “You’ll do good here.”

After that I learned from observation. I watched carefully as Cristo’s bare hands moved softly and swiftly along the spines of the young colts, pausing to tap tender spots on their stomachs, back legs, inside of their hips. Rather than avoiding areas that caused a reaction he would focus on them, poking and prodding until the horse didn’t respond to his unpredictable touch. The most important thing is to agitate the horse enough to activate his mind, without causing discomfort. If his mind is not activated, he will not learn, nor will he accept your lessons.

Weeks of showering in the kicked-up dirt taught me how to demand respect without forcing it. As I immersed myself in their realm, the horses began to accept me as a worthy ally. Large eyes kept soft contact with mine as powerful bodies flowed in circles around me. I could feel their energy softening, their attention turning inwards. I knew when I stopped my feet and held out my hand, the horse would break into a walk and walk towards me, accepting my invitation to begin a partnership. Once you gain a horse’s trust, it will follow you, unbidden, its nose nearly in your neck. No rope, no halter, no command.

The twenty-foot octagonal space became my church: spiritualized, transformative, sacred.

“El caballo no es un animal espiritual, es un animal pensar,” Oscar says. (The horse is not a spiritual animal, it is a thinking animal.) It does not read your mind but reacts to your body. It needs to live, not to love. Never forget that a horse does not need friends. It has a herd. As a human you can offer an exchange to ease the burden of survival, and as a trainer it is your job to be the teacher, not a comrade. A horse needs to learn the rules of the contract if it is to live a happy and peaceful life with humans. You can teach the guidelines with all the love in your heart, but you cannot forget the importance of your role as the instructor.

November trickled by. The horses were moved to a casual polo club down the road where Lauti and I would feed, muck, ride and train, Cristo occasionally joining to work with a particularly difficult filly and check-in on our progress. The most important part of the morning was mate with all the grooms at the club. It was from these men that I learned my Spanish as I desperately tried to keep up with their banter.

In the afternoon Lauti and I would join the endless summer that had settled over the house: swimming in the pool with the kids, playing with puppies or kittens, drinking more mate, taking siestas. In the evening Lauti and I would return to the club to do
chores and ride again. Sometimes the whole family would join us there, everyone, including the 3-year-old and 10-month-old, mounting at some point.

I was lucky to be present for three birthdays (which meant three parties and SIX cakes), one curso (clinic) during which 24 people stayed at our house for four days, the birth of eight puppies and the sad disappearance of the cow, Margarita, and her calf. I was amazed to find Cristo searching for the beloved bovine not on foot or by horse, but with a drone. How 2019!

I enjoyed settling into a bit of a routine and became more comfortable with the family and extended family as my marginal Spanish improved dramatically. 7 hour lunches still tested me, but I learned to relax despite not knowing what time I would be back home. There were certainly still days when I was overwhelmed by the challenges of being fully immersed in a new culture and home, but every single day I woke up in San Luis I knew that I was in the exact place I needed to be. A feeling that is quite rare for me, a common victim of local and international FOMO.

On my last night in San Luis, I was honored with an asado hosted by the men who worked at the polo club. I felt a deep sense of pride as we stood around the fire. In the middle of Argentina, amidst fields of horses, I was surrounded by modern-day gauchos, sharing in their customs, feeling at home. I was living the moment I had imagined more than a year ago when creating my Watson application.

What I didn’t know in November 2018, as I typed away in the basement of Whitman’s Penrose Library, was how deep the personal relationships would become. I had focused on the knowledge I would gain, but not the rich impact of the individuals, places, and horses. I looked down at the half-meat, half-vegetable asado—the men had gone to great efforts to honor my vegetarianism—and overwhelmed with happiness, cried for the first time since leaving home.

-Cello Lockwood

THE CENTRAL AREA SENIOR CENTER WORKS TOWARDS INDEPENDENCE AND OWNERSHIP

Since 1975, the Central Area Senior Center has been under management by Senior Services of Seattle/King County, now “Sound Generations”, and the property has been owned by the City of Seattle.

Under the terms of the State Bond Issue that were used by the City to purchase the building and property at 500 30th Avenue South and South King Street, a qualified non-profit could take ownership.

In fact, that was the goal of the group, called Central Area Senior Center (CASC), from the beginning—the early 1970s.

There is a process underway for the Central Area Senior Center to separate itself from Sound Generations. At this writing, this will happen in short order. The CASC needs to prove its capability and resolve financial issues with Sound Generations.

Once that happens, the next goal of CASC is to convince the City that it meets all requirements to take over ownership. It appears that the City will put conditions on land transfer, among which will be a requirement to develop low-income housing on the site. The CASC thinks that low-income housing is infeasible because the site is burdened by its status as landslide prone and steep slope critical area standing, therefore construction will be prohibitively expensive.

Currently, the CASC has a staff of 12 employees, numerous programs including a noon meal program, and a vital core of regular members. It has funds to rehabilitate its parking area, to purchase a 14-passenger van, and a grant from King County to reach out and serve recent immigrants from Africa.

-John Barber

UPDATES FROM LESCHI ELEMENTARY

The 2019–2020 Annual Giving Campaign launched in early December. Our financial goal this year is to raise $80,000 and we always value the support of the larger Leschi community. You can mail or drop off cash or check at the front office of the school, or make an online contribution. https://leschies.seattleschools.org/school_involvement/fundraising

The Annual Giving Campaign is our biggest fundraiser of the year and the money raised pays for the following and more:

- Tutors, subject specialists & recess aide to lower adult-student ratio
- Writers In The Schools (WITS)
- In-class snacks—healthy, fresh & whole foods
- Professional development & supply reimbursement to teachers
- Instrumental & vocal music instruction
- Technology software & hardware maintenance
- Library maintenance & improvement
- Family Support—assistance for students & families in need
- Scholarships—field trip & enrichment tuition
- Art curriculum, supplies & resources

Our Annual Jog-a-thon will be on May 27 and is another great opportunity to support our school by sponsoring students for every lap they complete around the track—please come on out and cheer everyone on. Each class will pick a theme and costumes to vie for the class spirit award in addition to the golden shoe!

Keep up to date on upcoming events and news by visiting leschies.seattleschools.org or our Facebook page at https://www.facebook.com/leschischool.

KEEP MOVING KEEP LIVING

Low-impact fitness and injury rehab in Mt. Baker and Ravenna.

Keeping Seattliters moving and doing the activities they love.

Schedule with a Physical Therapist: 206.535.7356 or info@elizabethrogersPT.com

www.elizabethrogersPT.com
SENIOR CENTER ACTIVITIES

ISO-RHYTMIC WORKSHOP TAUGHT BY EDNA DAIGRE
Wednesday, March 4 & Wednesday, March 11; 1:30–3:30pm
Enjoy a whole-body well-being activity designed to stretch and strengthen the body through the art of breathing, relaxation and dance-based conditioning. All are welcome. $5 per class or $8 for both Classes for Members (No experience necessary)

CHRONIC DISEASE SELF MANAGEMENT PROGRAM
Friday, March 6 through April 17; 1:30–4pm
New 6 week course on the best ways to help manage chronic pain and illness. Presented by African American Reach & Teach Ministry FREE

TULALIP CASINO & OUTLET SHOPPING MALL
Monday, March 8, Departs CASC at 10:30am; $12 members; $15 Non-members

BLOOD PRESSURE CHECK AND INFORMATION BOOTH
Thursday, March 12; 10am–3pm in the Lobby
Northwest Kidney Centers Promotes World Kidney Day. FREE

HOME SELLING 101 – A WORKSHOP TO HELP YOU SELL YOUR HOUSE
Monday, March 16, 1:30-3:30 PM in the Dining Hall
Jamie Flaxman Real Estate will present a 2 hour workshop on tips and trends on home selling in today’s market. FREE

CENTRAL AREA SENIOR CENTER
MEMBERSHIP MEETING
Wednesday, March 18, 1:15-2:30pm in the Dining Hall
Join us for all the updated news and happenings around the Center!

GREEN DOLPHIN LOUNGE
Friday, March 20, 6–9pm
Featuring Josephine Howell, DJ Mr. Cliff, delicious appetizers and FUN! $15 Lifetime Members; $20 Annual Members (before 2/21); $25 at the Door

RED WIND CASINO TRIP
Wednesday, March 25, Departs CASC at 10:30AM; $15 members; $20 Non-members

SEATTLE DISCOUNT PROGRAMS

Utility Discount Program
The Utility Discount Program offers income-qualified customers a 50% discount on their Seattle Public Utilities bill and a 60% discount on their Seattle City Light bill. With the discounts, customers save an average of $1,200 a year.

2020 UDP ELIGIBILITY
• You are the Seattle City Light primary account holder
• Your total household pre-tax income from the prior month is lower than:

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For more information, visit Human Services.

Emergency Low Income Assistance
The Emergency Low Income Assistance (ELIA) program has been improved with expanded eligibility and more flexible benefits. ELIA participants may receive assistance up to 100% of their bill, maxing out at $200. Assistance is available once in a 12-month period, or twice in a 12-month period for families with children under the age of 18 in their household.

2020 ELIA ELIGIBILITY
• You are the Seattle City Light primary account holder
• You have received at least a 10-day shutoff notice on a balance of $250 or more
• Your total household pre-tax income from the prior month is lower than:

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For more information, visit Human Services.
If your main source of heat is electricity, gas, or heating oil, and you need help paying your utility bill during the winter season, call or schedule online.

- Seattle: 206-486-6828, online by Byrd Barr Place
- South King County: 253-517-2263, online at Multi-Service Center
- North & East King County: 425-658-2592, online at Hopelink

**WATER SUPPLY IN GOOD SHAPE FOR SUMMER**

All indications point towards a very favorable water supply for the summer. Reservoirs are filled to the brim west of the Cascades and are above-average east of the Cascades, and the entire Pacific Northwest has above-average snowpack, including the Upper Columbia and Snake River Basins in British Columbia and Idaho/Eastern Oregon. Our snowpack got off to a very slow start and was well-below-average through early January, but it increased dramatically during the second week of January as much colder and wetter/snowier weather entered the Pacific Northwest, and higher elevations continued to see snow build through the latter half of January as we remained in a wetter-than-average pattern. The atmospheric river that brought major flooding to the Cascades and record flooding to the Blue Mountains significantly reduced our snowpack below 3,500 feet but we saw dramatic gains above 6,000–7,000 feet and moderate gains overall, and a few chilly storms in the latter half of February helped restore our lower-elevation snowfall after the heavy rain washed it all away.

Having a bountiful water supply is beneficial for many reasons. Power costs are cheaper due to higher streamflows through the dams and less need to run expensive fossil fuel plants, and a higher water supply reduces the risk of municipalities having to impose water rations for their citizens. To my knowledge, it does not affect the price of agriculture—water bills are regulated at a fixed price regardless of supply, and rations have never been imposed on farmers.

But while cheaper utility bills and green lawns are nice, a good water supply can mean the difference between life or death for creatures that rely on ample summer streamflows and lake levels to survive. And nobody benefits more from a healthy water supply than the salmon that return to our rivers in the early autumn. After a hot summer and poor water year, streams are very low and warmer just as the salmon are returning to spawn. Warm water can hold less oxygen and increases a salmon’s susceptibility to disease, so pre-spawning mortality rates (when the salmon make it up the river but die before spawning) skyrocket when temperatures are well-above-average, particularly when they approach approximately 20 degrees Celsius. In fact, Oregon governor...
Kate Brown recently wrote a letter to Jay Inslee calling for the removal of four Snake River dams, as these dams are resulting in significant salmon mortality by increasing water temperatures in the reservoirs behind them. I won’t get into that debate here, but it just underscores how important high, cool rivers are for salmon to successfully spawn.

If we see a very warm and dry spring, we may end up with a slightly below-average water supply for summer, but given how widespread the above-average snowpack and reservoir levels are throughout the Pacific Northwest, I think it’s a pretty safe bet that we’ll have at least an average water supply this summer. Additionally, March and April can still be very snowy months even between 3,000–4,000 feet, and our region wide snowpack doesn’t typically peak until May.

Unfortunately, a healthy snowpack is not correlated with reduced fire danger. If anything, a wet spring increases summer fire danger because it results in increased low-level vegetation, providing more fuel for fires when this vegetation dries in the summer. It’s too early to know how the 2020 fire season will turn out, but we can at least celebrate the high probability of an above-average water supply for the summer, both for our pocketbooks and for our beloved salmon!

---Charlie Phillips
Charlie Phillips, a Madrona resident, received his B.S. in atmospheric sciences from the University of Washington and works in Portland as a meteorologist. Check out his weather website at to charlie.weatheratgether.net.

REPARATION POSSIBILITIES:
Last month, Georgia McDade explored the concepts of reparations and this month, she lists some ways in which we might make reparations.

Homesteading: in 1862, enslaved persons could not get land to homestead. Imagine the value of land ceded to a family in 1862. When I learn about families owning 100s of acres or 40 or 50, I often ask how they got this land. Inherited is the answer. A person who could not get the land could not pass land to descendants. Set up a fund from which African Americans can buy, build, remodel houses. Low-interest thirty-year loans would be fitting.

Housing: Many Americans became homeowners as a result of the G. I. Bill, another government action that discriminated against blacks just as they had been discriminated against in the military during each of the wars where they fought. Add the redlining practiced throughout much of the country. Why can’t persons be employed to build Habitat for Humanity houses all over the country? Everyone needs a place to live! Use the remedy above.

 Destruction of property: Tulsa, Oklahoma’s Greenwood District, in 1921 and Rosewood, Florida, in 1923 may be the best-known black communities destroyed by jealous, resentful, racists whites, but these towns are not the only places subjected to such hatred. Low-interest loans to begin and shore up businesses could be the remedy.

Education: Begin with Head Start. A preponderance of studies proves that early education is vital. Provide funds for all children to attend Head Start programs. Elementary, middle, and high schools need funds, but more importantly, they need skilled faculty who want to teach the students and believe the students can succeed. Education would extend to college where students could go to college tuition-free. Set up a fund; include funds for transportation and books.

Employment: Persons relegated to low-paying, menial jobs would be in the number to get the low-interest homes. And they would get pensions. We will ignore the four African American CEOs in Fortune 500 companies. When established, the income tax excluded farmers and domestic workers, so there is a good chance many have no Social Security and certainly not pensions. The $600+ some folks get is all they have. They never made enough to save, or catastrophic incidents took the savings. Andrew Yang’s idea of $1000 per household is not so absurd. Many families could fare much better if they could count on this amount monthly. How many persons would no longer be homeless? Many folks go to work every day and live in their cars, RVs, tents, and shelters. There is no count of folks who “couch surf.” Many people could get on their feet with a little help, help that may not be necessary forever but short-term.

The media is yet another place reparations can be made. The number of newspapers, radios, and television stations have been reduced significantly. “90% of the media is controlled by five [actually four] media conglomerates.” (Wikipedia) How many of these owners are African Americans or others of color? Again, funds are needed to support media controlled by African Americans—radio, television, newspapers, magazines.

Persons entangled in the justice system could also use help. Both those imprisoned and those who want to help them need tremendous funds. The number, the percent of African Americans who have been abused by the justice system since before the country began is innumerable!

What people do not realize nor have to live with is the impact on the families of persons imprisoned. In a way, the family goes to prison. The separation is bad; the family income is decreased; the absence of a parent in the home affects countless aspects of a family. More innocence projects with more persons working to free innocent persons and persons long in prison for minor offenses should be funded. One day in prison is too long.

The voting system needs an equally large overhaul. The US has a history of excluding citizens from voting. Before 1870, few blacks voted, but soon whites, especially in the South, began terrorizing would-be voters. Imagine how different states could be had blacks been allowed to vote! Not until 1965 was there a voting rights law with teeth in it, and the Supreme Court removed most of those teeth in 2013. Gerrymandering, as far back as at least 1812, has been part of the system all over the country! Encouraging, training, supporting more persons of color to vote and run for office would improve voting. Voting schools, candidate schools could help improve the system.

With such forces, no one should be surprised black life expectancy has always lagged behind that of whites. (I think stress is the major culprit.) There are problems with prenatal treatment, or the lack of it; the infant mortality rate is lower than that of some underdeveloped countries. Everyone should have the option of getting treatment without worrying about the cost. The free treatment offered in Seattle shows the large numbers of persons who need care and rise early to stand in line.

Never is everyone served. Too many people do not see a doctor, fail to fill or refill prescriptions, or take less medicine than prescribed. Blacks have more hypertension, diabetes, heart disease. Provide affordable health care.

---Georgia McDade, Ph.D.

Next month, Dr. McDade writes “What about the cost?”
LOCAL ARTIST LAWRENCE PITRE

In December of 2017, Tom Goedde of Mr. Baker, Stephanie Tschida and Lawrence Pitre, Director of the Central Area Chamber of Commerce presented the idea of creating a giant mural on the retaining wall at the corner of 31st Ave. and Jackson St.

Lawrence Pitre described his inspiration for the project:
“I return daily to a retaining wall which I have walked by my whole life, located on 31st and Jackson. My vision has always been to develop a concept that would be interactive and celebrate the rich history of the community. During my lifetime, I have watched my community within the Central Area become altered because of Gentrification and economic displacement. I conceived the interactive mural as part of the concept series called “We Are One,” which became my thesis at Seattle University. The thesis reviewed how art influences communities, specifically the Central Area in Seattle.

This mural is deeply personal because I was born and raised in the Central Area. It aims to “reconnect the past with the future” because my community is being erased daily. Throughout my life in the Central Area, I used art as a tool of emancipation, freedom of expression and social activism. As urban art becomes more mainstream, I believe that creating promotional campaigns and designs allow other artists and myself to showcase our distinctive artistic styles.

The objectives of the mural project are to (1) advertise the welcoming nature of the Leschi area, (2) inform visitors about Leschi’s historic legacies, featuring the legend of Chief Leschi in 1858, Leschi Park that was developed into an amusement park in 1889, the Lake Washington Cable Railway’s trolley line in 1903, and the history of Frink Park in 1906, and (3) use public art to visually enhance the retaining wall to be compatible with its surroundings and the park.”

Lawrence explained how Seattle University and Jacob Lawrence impacted his artistic trajectory:
“I took several communication courses during my years at Seattle University Master’s in Arts Leadership program. The communication courses played an integral role in my ability to tell the story of the Central Area’s history and legacy in a dynamic way. They encouraged and insisted that I be engaged in my community and use my voice to share what I have seen, experienced and hope for. I learned to become an advocate for my community.

As an African American male art major during the late ‘80’s at the University of Washington, it was lonely and discouraging. In fact, there were only two black males in the School of Art in my four years of study. As a direct result of being one of the only two, my unique style did not resonate with professors or the white student body. This negative critique of my art abilities persisted throughout my studies. That is until I took a class under Jacob Lawrence. Jacob’s approach was much different, because he continued to encourage me even when the white students thought my work was not traditional. Throughout my year with Professor Lawrence, I felt my abilities sharpen and expand in volume and in distinct style. Through my last quarter with Professor Lawrence, he continued to share techniques with me and continued to say ‘keep exploring’ don’t be afraid to stand up for your creativity, and promise me that you will never stop drawing, painting and creating no matter what other people tell you.”

Lawrence’s inspiration comes from his life:
“As I mentioned, I began working on the ‘We Are One’ series as part my thesis project. As a longtime resident born and raised in the Central Area, I’ve watched the African American community being erased visually, emotionally, and historically because of gentrification and urban renewal. I have always been taught by family, friends and neighbors that history and legacy is something that should honored and preserved. Based on this value, it was paramount that I capture the history of the Central Area starting with the indigenous people and continuing with the current changes and removal of our history.”

As noted on his website: https://www.lcpitre.com/artist-bio

“Personally, Lawrence sees his artistic endeavors as self-expressions depicting life experiences, which includes struggles, joy, and his love of life. Lawrence seeks to understand the process of creativity in the way a theoretical physicist seeks to understand the universe. His selection process is a spiritual layering which, when you step back seems to float within the universe we live in. He calls this process natural “intelligence”. It is a key aspect of Pitre’s philosophy as he explores different art forms, styles and unique works of art.”

-Interviewed and compiled by Esther Ervin

Editor’s note: We have not been able to reschedule a meeting with Mr. Pitre.
Hello Leschi!

This month, Leschi Market dedicates the wine column to longtime Leschi resident and Leschi Market Wine Steward, Ed Raftis. Have you ever taken the time to read the colorful descriptors gracing our shelves? That would be Ed’s handiwork! Ed was also a dedicated contributor to the Leschi News for years as well. Many of you have probably enjoyed his prose in some form or another. Mr. Raftis has retired and moved closer to his family in California. Here are some thoughts and words to and about Ed, from coworkers and colleagues from over the years.

“If YOU would like to send Ed a note, we encourage you to do so! Please email: wine@leschimarket.com and we’ll make sure he gets each and every one!”

—Sincerely,
Steve, Ken & the entire Leschi Market Wine Team

“I don’t remember who we were tasting with, but it was a WA producer and Ed’s brutal honesty was so amazingly classic. He makes no bones about bad labels and bad wine!”

—Ben R., Leschi Market

“Ed Raftis: Leschi’s Diehard Mariners Fan! In an age when the local baseball team seems to be perpetually rebuilding and with a record that reflects that, it’s refreshing to see that there are people still willing to commit some of their “pastime” to following the Mariners. It’s always been fun to hear about his most recent trip to spring training camp and his take on the “rebuilding lineup”, a topic about which I have no clue. Hopefully Ed you’ll be able to get down to Arizona this Spring.”

—John G., Wine Sales

“I can always count on Ed for an unfiltered (yet fair) opinion on my wines. I would make a point of bringing an ‘Ed’ wine to the panel tasting appointments. While he would not like my geeky pet nats, he’d love my polished Napa Cabs. A man of refined tastes, Ed also kept me on my toes asking for updated write ups and press for my wines on the shelves. Ed understands the business and the customer base, building Leschi’s reputation as a destination for great wines over the years. I will miss you at the tasting panel, Ed! Raising a glass to you.”

—Joelle H., Wine Sales

“Some years ago, Ed took me on a trip to Walla Walla. We went to several wineries on the way there, as well as on the way back. Some of the more notable ones to me were Spring Valley Vineyards, Cote Bonneville, Va Piano and Bergevin Lane. That trip with Ed really taught me how to appreciate good wine.”

—Yousef S., Leschi Market

“It was a great experience to work with Ed and learn the wine aisle from his perspective. Once he learned that we had both been Army Officers, both worked in telecommunications, and both loved wine—he was as generous as could be. A fine tasting partner with a keen eye for a good wine label.”

—Thom D., Leschi Market

“From getting terribly lost trying to find a trade tasting in Tanglewood (at a time without GPS), to tasting anything and everything poured for him, including a surprise olive oil, which led to the one of two times I witnessed him spit, to his overall “love affair” with wine, Ed has always been dedicated to doing the very best he could to make the Leschi Market Wine Department what it is today. We will miss his refined and cultured persona as he relaxes in sunny California.”

—John C., Leschi Market

“I will miss Ed and it’s not for his wine knowledge; it’s for his support and encouragement of the Leschi News. I was grateful to Ed for giving me his views of his trip to Cuba which we ran in two-parts some years back. We compared notes on retirement as we both had “jobs” in our respective retirements…Ed with his wine lore as a treasured member of what I call the wine gang at Leschi Market and me with the continuation of the Leschi News after Art Mink’s retirement. I usually ran into Ed on his way in or out of the Market and he always commented on something he had read in the Leschi News. But the last time I saw him, it was in an unexpected place: the courthouse where we were two of a large number of folks waiting to see if we would be selected for a jury. We tried to stay busy while we waited and as it turned out, we were both selected for the same jury and told to come back the next day. Ever the gentleman, Ed shared his Uber ride and dropped me off on the way back to his condo. He and his Uber picked me up the next morning and we checked in only to learn in a short time that the parties had met the afternoon before and resolved their differences; there would be no trial. Once again, Ed offered an Uber ride home and we both felt released from involuntary bondage! Enjoy your second retirement, Ed, and although we will miss you, there is something to be said for being close to family!”

—Diane Snell
"I just want to say ‘Thank You.’ Thank you for the time and creation of accurate and detailed shelf talkers—they are local lore. Thank you for assembling weekly and monthly email blasts to keep the neighborhood informed of all things wine. Thank you for your honest and unfiltered opinions on wine and wine labels—both good and not so good. Thank you for teaching me how great that first chilled wine of the day can be. And like a cool desert wind, thank you for taking a chance one time early on, on a wine I thought could sell well. (It did!) Ed’s contributions to the wine department over the years are immeasurable. I wish you all good things in your second retirement. Thank you Ed!”

-Ken B., Leschi Market

LESCHI MARKET CATERS TO OUR EVERY NEEDS

For almost 30 years I have enjoyed shopping at Leschi Market but I continue to discover surprises that I thought I should pass on. Yousef and his staff are always so friendly and accommodating—just walking in often gives me a life. And of course, the Ken and Tom’s wine expertise is greatly appreciated as well and the market’s growing organic fruit and vegetable section.

But just this year, when I could not find our family’s favorite breakfast food (Uncle Bob’s Organic Oatmeal), I turned to Shannon to ask if it could be ordered. She explained the challenge that limited shelf space brings to the small building, but offered to custom order me a case! When I excitedly agreed, she ordered it on the spot and it was ready for pick up within a week!

Our other family staples include Leschi bacon, sausages, all their seafood, and their weekend Prime Rib sandwiches with horseradish!

I feel grateful that we can enjoy such a special place in our very own neighborhood.

-Karen Daubert

BRIEF BITS

The Neighbor Lady at 23rd & Union is closing in March.

There is a new place to get your smoothies and breakfast treats: the Central Café and Juice Bar at 2509 E Cherry.
LCC BOARD MEETING 2.10.20

Attending: Trevor Menagh, Tracy Bier, Diane Snell and guest Eva Hoffman

Janet: sent treasury report by email; She will be back by end of this month

Janice was unable to attend due to an awards ceremony where she works; she did send a reminder of ArtWalk meeting Thursday at 3:30pm at Bluwater Bistro; we don’t know if she was able to present awards to Randy & Buzz.

Trevor: Welcomed Eva to the meeting.

Eva: She is trying to coordinate a Block Watch and is working with Joseph Elenbaas. She has some concerns about time involved as she does not want to get overextended. Tracy shared some of her experiences.

Tracy: we need to encourage young persons to join the Board. Discussion of various ideas to accomplish this.

Diane: Newsletter deadline: Feb. 17

Ideas for promoting the March program; approved idea of contacting schools, i.e. history teachers.

Discussed possible goals for 2020.

-Respectfully submitted by Diane Snell

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Certificate of Deposit $11,254.25
Support your community by joining the Leschi Community Council!

We create awareness of neighborhood issues so residents may make informed and effective decisions.

LCC joins with the Leschi Business Association on ArtWalk and Halloween Spooktacular
LCC supports the Instrumental Music Program at Leschi Elementary
LCC supports volunteer activities in our local parks and on our public stairways
LCC supports the Central (Central Area Senior Center)
LCC produces the Leschi News 10 times a year

Name_____________________________ Phone____________________
Address___________________________________________________
City________ State____ Zip________ Email_______________________

All donations are tax-deductible as we are a non-profit 501(c)(3).

My check is enclosed: ☐ $35 family membership ☐ $25 individual membership
☐ $15 student/low income/ senior membership
☐ I am making an additional donation for LCC work

Mail to:
Leschi Community Council • 140 Lakeside Ave. Suite A #2 • Seattle WA 98122-6538

February 2020 | Calendar

MAR 4 7:30pm. LCC Reenacted Suffragette Meeting. See covers. Central Area Senior Center.

MAR 10 6pm. LCC Executive Board meeting at Central Area Senior Center.

MAR 11 3:30pm. 9th Annual ArtWalk planning at BluWater Bistro. All welcome.

MAR 12 6pm. CANDC meeting at Central Area Senior Center.

MAR 14 9am-12pm. SNC Breakfast meeting at Central Area Senior Center; $14 for hearty breakfast.

MAR 20 6-9pm. GREEN DOLPHIN LOUNGE Featuring Josephine Howell, DJ Mr. Cliff, delicious appetizers and FUN!, $15 Lifetime Members; $20 Annual Members (before 2/21); $25 at the door.

MAR. 26 6:30-8pm. EastPAC; Room 142, Chardin Hall, Seattle University, 1020 East Jefferson (enter campus at 11th and East Jefferson). Bring your license number into the meeting so we can register your vehicle.
AN INVITATION TO THE COMMUNITY FROM THE LCC

Celebrate the 100th Anniversary of the passage of the 19th Amendment by attending a suffragette meeting! You can experience what our grandmother (or great-grandmothers) went through to get the right to vote. Actor Tames Alan will be our dynamic suffragette. Ms. Alan has performed at the Ashland Shakespeare festival and locally in the Living History series.

Wednesday, March 4th, 7:30pm
CENTRAL AREA SENIOR CENTER, 500 30TH AVE. S, ONE BLOCK S OF JACKSON

Image courtesy Kate Barber

Join us on Facebook: LESCHI or see our website: leschicommunitycouncil.org or leschinews.com