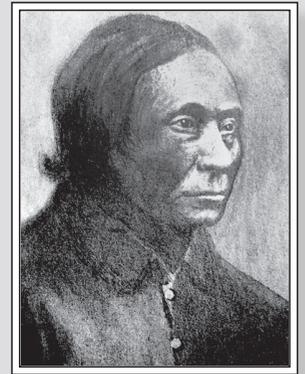


leschinews

Leschi Community Council is a participating member of the Seattle Community Council Federation

Who Was Leschi?

Don't know much about history?
You will want to attend our
November meeting!



We will learn about Leschi from a presentation honoring Chief Leschi and local legacies of resistance, given by native and indigenous students from The Evergreen State College's Native Pathways Program (NPP), Tacoma Site.

We thank faculty, students and parents from Leschi School for this informative program.

November 6 at 7:30pm (note new time)

**AT THE CENTRAL AREA SENIOR CENTER
500 30TH AVE. S, (ONE BLOCK SOUTH OF JACKSON)**

inside the news

- 3 Leschi, a Nisqually Leader
- 4 Loss of Two Leschi treasures
- 11 The New Burke Museum
- 12 Thankful for Wine



**SAVE
THE DATE**

Don't forget to VOTE Nov. 5!

**And mark your calendars for the
annual LCC Holiday Party Dec. 4**

President's Message:

Hello Leschi Neighbors,

It's hard to believe Thanksgiving and the holiday season is soon upon us. As I write this, the sun is out and it's about 55 degrees.

Last month we had a lively debate on issues with City Council Candidates for District 3; Kshama Sawant and Egan Orion. Trevor, our LCC Executive Vice President and Diane Ramsey, gathered questions and sorted by subject. While there was not time to address all questions, the questions asked covered most of the concerns we hear today. The pace was kept steady and guests had the opportunity to listen to both their views in a civilized setting. Personally, I was grateful for the respect that was shown to fellow audience members, the candidates and our crew. Be sure to vote November 5h!



Who is Leschi? A question many people ask, particularly newcomers to our little village. I think we are one of the best kept secrets in the Seattle area. Please come to our November meeting, Wednesday the 6th at 7:30p at the Central Area Senior Center, located at 500 30th Ave. S. (Please note new time.) We have an exciting presentation from Leschi School that answers that question.

Again, it is the time of year to be aware of our friends, family and neighbors. Please remember to check on those who may be alone and need some assistance or just a visit to say hello. Be generous with others and yourselves. Too often we forget to give time to ourselves.

I personally wish all of you a lovely Thanksgiving—whether you celebrate with turkey, tofu turkey or Chinese food—enjoy! And don't forget, our December meeting is our annual holiday meeting with music and appetizers.

Respectfully,

*Janice Merrill Brown
LCC Board President*



Lisa Eaton, DPT, OCS
Julie Grove, MPT

120 Lakeside Ave
Suite 210
Seattle, WA 98122
206-925-3762
Fax: 206-324-3600

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Leschi Community Council
140 Lakeside Ave. Suite A #2
Seattle WA 98122-6538

President

Janice Merrill Brown
janicemb@comcast.net

Vice President

Trevor Lalish-Menagh
trev@treveport.org

Secretary

Diane Snell
leschinews@comcast.net

Treasurer

Janet Oliver, janetoliver@seanet.com

Program Chair

Diane Snell, 206-726-0923

Parks and Greenspace

John Barber, 206-324-1548
barber-osa@comcast.net

Land Use Chair

Jeff Floor, jsfloor@gmail.com

Public Health and Safety

Tracy Bier, atbier@msn.com

Leschi Business Associate

Yousef Shulman
yousefshulmanlcc@gmail.com

Events Chair

Position open

Marketing Chair

Yuki Igarashi, YElgarashi@gmail.com

**Newsletter Editor
and Advertising**

Diane Snell, 206-726-0923
leschinews@comcast.net

Production Designer

Kirsten Hopperstad
khopperstad@msn.com

Staff Photographer

Position open

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Editor: Diane Snell, Issue #366

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Leschi: A Nisqually Leader

Editor's note: It seems appropriate that I sit here today on Indigenous People's Day working on the November issue of the Leschi News and promoting the exciting program brought to us by Leschi School. It is refreshing to see that schools are now teaching a more accurate history of our area. I remember my own school days in which we learned about the "first" Thanksgiving with the Pilgrims and "peaceful" Indians rather than the rich history of native tribes in the Great Lakes area. We dutifully made soap and candles just like the Pilgrims and never once acknowledged the people whose land we were confiscating. This was the root of our sense of entitlement which still exists today.

We welcome our partnership with Leschi School and appreciate the challenging work that both faculty and students have put into this program. We welcome the first installment of Leschi School parent Carla Saulter's pamphlet on our namesake, Leschi. We will learn who he was and what he accomplished for his people. You will understand why our community is named after this brave man even though outsiders struggle to pronounce it. Every time I must connect with our LCC insurance company, I prepare for the struggle on their part to avoid saying Leshee or just stop after the first syllable waiting for my help! Thank you, Leschi School and parent Carla Saulter! Here is the first installment of Carla's pamphlet. -Diane

HOW DID THE LESCHI AREA GET ITS NAME?

The Leschi neighborhood is named for Chief Leschi (1808–1858), a leader of the Nisqually people and a symbol of Native resistance to displacement from their homelands.

Nisqually Life

The Nisqually people lived for many thousands of years in the fertile, grassy valley west of Tacobet (Mount Rainier). They called the tall grasses in the valley "squally" and named the river that flowed from the mountain into the southern end of Whulge (Puget Sound) after the nearby grasses. They called themselves "squally-absch," people of the grass country. The people—and the river they depended on for survival—eventually became known as the Nisqually.

Leschi was born in 1808, in a village about 60 miles southeast of Seattle, near the present-day town of Eatonville. Leschi's village was next to a prairie where the family's horses grazed. They dug camas on that prairie, gathered berries and hunted deer and elk in the woods, and fished for salmon—the staple of the Nisqually diet and the center of their way of life—in the river.

White Settlement

During Leschi's lifetime, many British and American people began to settle in Nisqually territory. As settlers fenced off land and began large-scale fishing, farming, and logging projects, they damaged the ecosystems in the region and depleted the natural resources the Nisqually depended on.

In 1846, as part of a comprehensive settlement agreement (one that did not involve the Native nations whose homelands they were occupying), the United States and Britain decided that the land Leschi's people had called home for thousands of years now belonged to the United States. Soon after, President Franklin



Pierce appointed Isaac Stevens to be governor of the territory.

Governor Stevens' first assignment was to remove the Native people in Washington territory from their homes to make room for more white settlers.

Nisqually Survival Threatened

Governor Stevens met with representatives from all the tribes in Washington territory and pressured them to sign treaties that traded away their ancestral homelands for blankets and other "gifts."

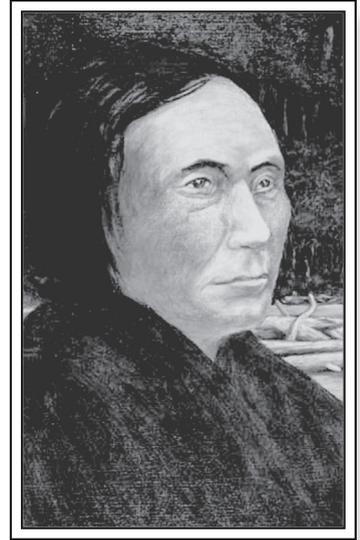
In 1854, Governor Stevens met with the Nisqually people and their neighbors, the Puyallup and Squaxin Island tribes, at Medicine Creek. Stevens chose Leschi and his brother Quiemuth to represent the Nisqually.

The Treaty of Medicine Creek required the Nisqually to relinquish their ancestral lands to settlers and move a small reservation on a rocky cliff. This small piece of land could not accommodate the Nisqually people and was not near the river that had sustained them since time immemorial.

When Leschi resisted the terms of the treaty, Governor Stevens threatened that if the Nisqually people did not move to the reservation, he would send soldiers to force them from their land.

War

Leschi chose to fight back. Many Native warriors joined Leschi and his brother in their fight to hold on to their homelands and their way of life. This series of battles, which lasted about a year, became known as the Puget Sound Indian War.



The Native resisters were able to continue fighting for a long time because they understood the terrain much better than the settler soldiers. But as the fighting dragged on, they ran low on food and weapons.

Near the end of the war, a group of Native fighters attacked the small village of Seattle to try to get more ammunition. They camped on the shores of Lake Washington. Though it is not known if Leschi was with them, white settlers believed that Leschi was their leader.

The Native fighters lost the "Battle of Seattle" and, soon after, gave up their fight. Even though they didn't win the war, Leschi and his followers won a victory for Native people.

After the fighting ended, Governor Stevens offered better reservations to several tribes, including the Nisqually. The new Nisqually reservation was larger than the one that the governor had originally proposed, and, importantly, it was next to the Nisqually River. *[To be continued...]*

-Carla Sautler

Further reading

- *Framing Chief Leschi*, by Lisa Blee
- *Leschi, Last Chief of the Nisquallies*, by Cecelia Carpenter
- *Nisqually Indian Tribe*, by Cecelia Carpenter
- *Tears of Internment*, by Cecelia Carpenter
- *The Bitter Waters of Medicine Creek*, by Richard Kluger
- *Where the Waters Begin: The Traditional Nisqually History of Mount Rainier*, by Cecelia Carpenter



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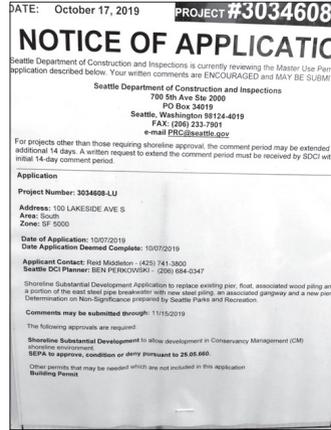
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Neighborhood & Beyond

PUBLIC COMMENT NEEDED

Parks Chair John Barber noticed one of those public comment signs posted by Leschi Marina. It regards the breakwater that Seattle Parks needs to install at the south Marina before other renovations can begin. The breakwater will be 550 feet long and a 190-foot ramp will provide access. It looks like it could be another sunbathing spot but there will be no railings. Public comment must be submitted by November 15.



LOSS OF TWO NEIGHBORHOOD TREASURES

Two long-standing stewards of the overlook of the Leschi Natural Area at 36th and East Terrace Street have moved to a senior living community in Oregon.

Fran and Bunny Wood are known by their neighbors as the stewards of the Leschi Natural Area. They have been stewards of the property owned by the Seattle Park Department since the property was purchased in 1993. Stewarding means pulling invasive plants like Himalayan blackberries, applying for grants, organizing work parties, planting new native vegetation, advocating to the city government, and inspiring others to chip in work and contributions along the way.

Fran and Bunny have been sponsoring neighborhood work parties at the Natural Area once a month since 1995. That's around 160 work parties and it shows. They met consistently on the first Saturday of the month and worked from 9am-1pm with a lunch prepared by Bunny thrown into the mix! No wonder they were successful in gathering volunteers!

The Leschi Natural Area is a neighborhood jewel. Not only is there a 180-degree view of Lake Washington from Mount Rainier, north; but there is a wonderful grove of Madrona trees accessed by a circular trail. Please visit if you have not already to see how true this is.

Our neighborhood will sorely miss the Woods' leadership and consistency. In the coming months, we will need to re-build the volunteer cadre of stewards for the Natural Area. We will always remember the neighbors including the Woods who toiled so long to give this treasure to our community.

-John Barber

MARK YOUR CALENDAR!

Save December 4th for a holiday event with your community. Leschi Community Council invites talented musicians from Garfield's Orchestra to perform and then we eat festive holiday nibbles, drink Leschi Market's private label wine and non-alcoholic beverages and be merry with our neighbors. Meet the LCC Board and speak up for your interests. We have Spring programs to plan and need your input. All are welcome!

HORSE GIRL GONE GLOBAL

Editor: We've been following the adventures of Cello Lockwood as she travels the world to study the effects of global warming on horses. This is her final post from the UK as she is now in Argentina.

All the Queen's horses...

A couple of weeks in the UK proved to be very insightful into the lives of the horses and horse-people dedicated to HM Queen Elizabeth. I sought out the royal horses in Windsor and London, learning about their history, tradition, and continued significance. I adored Windsor and the surrounding countryside, although my BBC mystery upbringing led me to be suspicious of every pleasant afternoon walk by the river—I was rather surprised not to find any dead bodies floating by the bank with Inspector Morse and Lewis standing over. And, I admit, I was sorely disappointed not to run into any metal detectorists in the fields. In addition to inquiring after the Royal Cavalry and HM Queen Elizabeth's personal riding habits, I attended some lovely evening shows in the wonderful late summer weather.

In London I cried three times. Once, when I beheld in person for the first time the horse sketches by Leonardo Da Vinci in the Queen's Gallery. Second, when I was asked to be a model at the Vidal Sassoon academy and all my hair was chopped off in front of 50 people*. And third, when I visited a riding class for disabled immigrant children in the Household Cavalry barracks.



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(*As bizarre as it sounds, the exact same thing happened to my mother when she was 22 and living in London. She, too, visited the academy for a \$3 hair cut by a student, was asked to be a model by the professor, and left two hours later with only inches of luscious locks left.)

The Gold State Coach at the Royal Mews. It measures 7.3m long and is gilded all over. It weighs 4 tons and requires 8 horses to pull it. Commissioned in 1760, it lacks a modern hydraulic suspension system that most of the newer carriages boast. HM Queen Elizabeth described riding in it with one word: Terrible.



From my refuge in Balham where I was cat-sitting, 40 minutes by tube from the city center, I made multiple trips into the heart of the city to visit the Royal Mews. While the hand-made Royal carriages are certainly impressive works of art and machinery, I was more interested in the living machines the Mews holds. The Windsor Greys and Cleveland Bays housed there are responsible for pulling the carriages. Most of the crew was on pasture at Windsor Castle, but they were soon to be hurrying back. Brexit has thrown a wrench in their holiday plans as the entire crew needs to be present and fit for the state opening of parliament ... which no one quite knows when will happen.

The Queen's favorite horses, her Windsor Greys, are in fact Irish Draughts recruited from the nation next-door. The Cleveland Bays are grown on home soil, but the endangered breed is facing such small numbers that breeders have had to introduce non pure-breds to their stock. Their go-to supplementary breed? Hungarian Warmbloods! Don't worry, I refuse to let even HM The Queen steal my king Rex.

A couple of pro tips for visiting the Royal Mews: Arrive right when they open at 10am, if you're lucky you'll catch the end of their morning exercises. After lunch, the grooms are very chatty and offer the best inside scoop and solid British humor. Lastly, if



"Still Water" is an outdoor bronze sculpture of a 10m horse's head by artist Nic Fiddian-Green. Located at Marble Arch.

you ask for your ticket cost to be counted as a donation, and get it stamped properly, it will be valid for unlimited visits for one calendar year. The same applies to the Queen's Gallery.

My favorite memory in the city arrived on a Wednesday night when I had the privilege of a spontaneous private tour of the Household Cavalry at midnight. The unassuming barracks lie between Hyde Park and the bustling Knightsbridge avenue. Most Londoners, including my highly skeptical Uber driver, have no idea that there are hundreds of horses living in the fenced off concrete mass. I myself had walked right past them unknowingly when I got lost on my way to Harrods earlier that day.

The inside of the barracks could easily be mistaken for a multi-story parking garage, until your nose, ears, and eyes adjust to the evidence of 300 horses. The Calvary Blacks, all required to be at least 17hh, emerged out of the dark night as we strolled down the aisles. The scent of horse welcomed me home. Amid the traffic and car horns outside, the soft munching of hay and weight shifting from one heavy hoof to another. I had found the secret garden of London walking among the magnificent animals in the middle of the night, hidden from the hum of one of the biggest cities in the world.

Fun fact: all the muck from the barracks is collected daily in a semi-truck and taken to fertilize the Queen's rose garden at Buckingham Palace.

The horses greeted me warmly, eager to engage. (Some even gave sloppy kisses in exchange for an apple!) Despite their relaxed personalities in the off-duty hours, these horses were unmistakably soldiers. You could tell even by the way they stood in their small stalls, leaning off one hip, that they had an intense sense of purpose. Just like the young men in uniform who ride them daily, their pride for their regiment was potent.

Between the hours of 6am and 8am, the streets of London are legally subjugated to these royal beasts. They can roam where they please for their morning exercise, plodding down the 6 lane streets, trotting past the windows of Gucci, Prada and Louis Vuitton. The unanimous favorite for the Cavalry men is a morning hack in Hyde Park. Morning joggers must be careful with noise-cancelling headphones, as they often miss the thundering of hooves and are shocked to glance behind them and see the regiment galloping full out along the paths.

The following days when I passed by the barracks on the metro, I glanced up to the second story to see many large heads poking out over the concrete railing of the wash stalls. The cavalry men admitted that innocent passers-by are occasionally victims to a splash on the sidewalk below. When the pedestrians glance up, they are often shocked to see a horse peering down at them watching their reaction.

I am already excited to return to The Square Mile soon, especially inspired by my inquiries about joining the small number of civilian riders who are involved in the daily exercising of the Calvary blacks. For now, however, I'll keep enjoying the expanse of the Argentine countryside...

-Cello Lockwood

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PLASTICS: BLESSING OR BANE?

Plastic bags for perishable items like bread seemed a great invention but then its use seemed to explode into areas we didn't dream of...do I need my paper towels shrink-wrapped? It's often more of a nuisance to the consumer; it's obviously a plus to the retailer.

Sometimes it seems like you can't get away from plastic. Even though you dutifully take your canvas bags when you go shopping, many of the products you purchase are often shrink-wrapped. Even bread can be double wrapped: cellophane packaging inside the plastic bread bag! I have been carefully recycling all plastics that I can for

decades so it was a big shock to read that Seattle will no longer accept plastic bags in the recycling bins beginning January 1st. So, what to do with it? We read that it is everywhere, even in the ocean where sea life ingests it.

When I heard that China wasn't taking our plastics anymore, I knew it was only a matter of time before we would get the notification that we could no longer put our plastic waste in the recycling and now it has happened. Plastic curbside recycling ends December 31, 2019. There will be drop-off locations at convenient places, but we all know that this won't be as successful as the handy curbside bin has been.

There is a list of places which have agreed to accept plastics and the closest one to Leschi is Lowe's on Rainier. The closest Safeway (Madison & 23rd) does not seem to be participating at this point, but many other grocery stores are

Here's the word from King County:

"While it's best to reduce the amount of plastic bags you use by reusing them or remembering to bring your own reusable bags to the grocery store, you can still recycle plastic bags and keep them out of landfills or the environment. First, check to see if your community's curbside recycling program accepts plastic bags. If they're not accepted, make sure you don't mix them in with other recyclables in your bin. Instead, take them to a drop-off recycling location. Most large grocery chains, home improvement stores, and retailers like Wal-Mart and Target supply collection bins, usually by the main entrance, for clean and dry soft plastics such as:

- Grocery/carryout bags
- Newspaper delivery bags
- Dry cleaning wraps
- Bread and produce bags
- Zipper food storage bags
- Plastic cereal box liners
- Case wrap/shipping packaging (often found around diapers, snacks, water bottles, and paper towels)

Once these plastic bags and wraps are collected and shipped to the proper recycling facilities, they are turned into backyard decking, fences, playground equipment, pipes, pallets, crates, and even new plastic bags.

-Diane Snell

FEET FIRST DOWNTOWN ARCHITECTURE WALKING TOUR

Explore Downtown Seattle Architecture with Author
David B. Williams!

Do you ever have the feeling that you are being watched when you walk in downtown Seattle? You are right. Hundreds of eyes peer out from buildings in the city seeing your every step. Neither human nor electronic, these ever-present watchers belong to dozens of carved and molded



animals gazing out from Seattle buildings.

This 1.5 mile walk through Seattle's central business district (2.5 miles round trip) will explore this city's rich architectural heritage, revealing a menagerie of beasts fabled, fantastic, and fierce, including lions, eagles, ducks, and walruses, in addition to likely sightings of live birds and other animals in our city.

This walk is one of the seventeen contained in author, educator, and naturalist David B. Williams's latest book, *Seattle Walks: Discovering History and Nature in the City*. He is also the author of several other books on local geography, including the award-winning *Too High and Too Steep: Reshaping Seattle's Topography*. Williams is a former national park ranger, outdoor instructor, and museum educator. He is currently Curatorial Associate at the Burke Museum.

Tickets are only \$20 each. All proceeds will help Feet First, Washington's only statewide pedestrian advocacy group. Feet First works with communities, schools, government agencies, and elected officials to promote policies and actions to improve pedestrian safety, mobility, and access for all.

Saturday, November 2, 10am-12noon, at the corner of Western Ave. and Blanchard St. in downtown Seattle.



EPIPHANY MUSIC ACADEMY

The Epiphany Music Academy is a new music school, located in the heart of Seattle's Madrona neighborhood at Epiphany Parish of Seattle. The Academy will provide a place for the surrounding community to have access to a variety of music lessons and classes for all, regardless of age, ability, or ambition. Lessons and classes will take place in our extensively renovated facilities, making use of our five grand pianos, two pipe organs, and flexible rehearsal and performance spaces throughout campus. The Academy will be open for lessons Monday through Saturday.

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www.EpiphanyMusicAcademy.org

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THE LATEST SCAMS

Word from King County Sheriff's Office: "Our office has seen another significant increase in people falling victim to fraud over the phone. Here's how the latest scam works: Fraudsters are using the real names of our deputies/detectives/sergeants/captains and even our Undersheriff, to convince victims that they are in fact legitimate law enforcement officers. The scammers will often leave a voicemail requesting a call back and they will answer the phone as if they are the KCSO member who called earlier. Once the suspects can get the victim on the phone, they are often very pushy and continually threaten arrest if the victim doesn't do exactly what they are told. Fraudsters then demand a credit card number or even a gift card number. After they collect the money, they often tell the victims that they must report to the nearest precinct to show the gift cards as proof they paid. If you receive a call like this, hang up at once. It is a scam. Remember, we will never request payment over the phone or in person."

This was reported on NextDoor Leschi and one reader responded by complaining about scam calls from "Apple" Support, receiving one call every 15 minutes. This happened to us Friday through Sunday but at a 20-minute interval. Annoying; we got to the point where no one wanted to go near the phone but the next day, there were a lot of voice mails to remove. By Monday, the annoying calls had switched to supposed "Social Security" calls. Frankly, they don't have the staff to call you; you must call their 800 number and be prepared for a wait...an engrossing book can help. We are told that Congress is working on this problem, but the pace seems snail like.

-Diane Snell

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MASON BEE UPDATE

Because of the loss of some of our Mason Bee adopters and what seems to be a symptom of global warming, we had a harvest this year that was about half of our peak year. We have found inhabitants in our nesting blocks that were not a problem previously. These were the products of grass-carrying wasps and fruit flies. In the first case the wasps occupied spaces that might have been used by Mason Bees. In the second the flies lay eggs that produce larvae that starve the Mason Bee larvae. Another new occupant in our nests was found by a very observant member. This was a Horned-faced Mason Bee. These smaller, more colorful bees are from Japan and have been found increasingly in the U.S. West since their experimental introduction on the east coast by the Dept. of Agriculture. These bees are very similar in their habits to our domestic Mason Bees and can live side by side with them. They are very essential to and commercially exploited for the pollination of the Japanese apple and cherry crops, so we welcome them. They might be found to have features that would make them even more usable in our apple orchards than our domestic bees, something we need in this changing climate environment.

-Jim Snell

PLANTING FOR A CHANGING CLIMATE

[Excerpted from "Trees for Seattle," the city's monthly tree newsletter]

Looking for ways you can help fight climate change? Plant a tree this fall! A growing amount of research shows that planting trees is one of the best ways to both slow climate change and also make humans more resilient to climate change, especially in urban settings. But what species to choose? Evergreen trees supply the most benefits all year long, and shore pine (*Pinus contorta contorta*) is a fitting example of a smaller tree that is already adapted to the Pacific Northwest and can handle hotter, drier summers. Choosing a climate resilient tree that is tolerant of drought, is not known to be threatened by current or future pests and grows well in a variety of soil types is important.

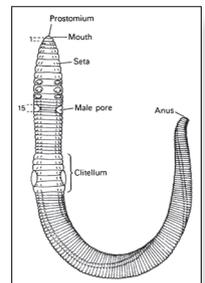
The ginkgo tree (*Ginkgo biloba*), holly oak (*Quercus ilex*), and Amur maackia (*Maackia amurensis*) are great, climate-resilient choices that also provide beauty and wildlife habitat throughout the year.

-Anne Depue

EARTHWORMS

Last month I was curious about where the turtles went in winter. With the coming of the autumnal rains, my wonderment has turned to the lowly Earthworms we see in the gardens and wild spaces of Leschi. These lowly creatures are critical to the environment as they munch their way through the ground under our feet, fertilizing the soil with their nitrogen-rich feces and aerating it with their movement. Maybe you remember dissecting worms in tar-lined pans in high school biology.

You will remember then that they can have three lips, five hearts, and as many as 300 kidney-like filters. (I'm afraid all I remember is the thick, pungent smell of formaldehyde.) And, fascinating to all high school students, earthworms are hermaphrodites. Housing the reproductive organs of both sexes, a few can mate with themselves when no other earthworms are



available. David Gordon, Seattle's renowned bug chef, tells me that in ancient times, powdered earthworms were prescribed as a cure for impotence.

Worms breathe through their skin which must remain moist. With heavy rains, their burrows can become flooded and they then come to the surface to get oxygen. Scientists guess that they then become lost and confused and don't always find their way back down before they become the fodder of robins or dry out. Some scientists guess that they also come to the surface on wet days to move to new food sources. If you see one struggling on the sidewalk, consider placing it in soil or a pile of leaves.

Like our local turtles, earthworms are ectotherms, cold-blooded creatures whose internal temperature varies with the environment. They do not "bromate" but "estivate" when weather conditions fall outside their normal range. They can sense light even though they cannot see. Some species can live four to eight years, provided they avoid birds, moles, snakes, and those who believe you can cut them in half and get two living creatures (don't try it).

Charles Darwin was fascinated by earthworms and played his piano for them, observing that "worms do not possess any sense of hearing. They were indifferent to shouts, if care was taken that the breath did not strike them. When placed on a table close to the keys of a piano, which was played as loudly as possible, they remained perfectly quiet." But he found that worms are "extremely" sensitive to vibrations in any solid object. When the pots containing two worms which had remained quite indifferent to the sound of the piano, were placed on this instrument, and the note C in the bass clef was struck, both instantly retreated into their burrows." So walk softly when you are out looking to bait your fishing hook, but better yet, leave them be to do their critical work of enriching our soil.

-Anne Depue

CENTRAL AREA SENIOR CENTER UPDATES NOVEMBER ACTIVITIES & EVENTS!

Exercise & Educational Program For Knee Arthritis

November 6 through February 21, Wednesdays and Fridays, 10-11am.

Join the UW Pacific Study to discover the effects Exercise and Education have on pain management for people with knee arthritis.

Must be currently in, or willing to join Enhance Fitness Call: 206-685-2082 to enroll, free

Holiday Art Workshop

Wednesday, November 13, 1:30-3:30pm in the Dining Hall

Get an early start on your Holiday Cards by making your own specialty cards

All materials supplied. \$5 members; \$7 Non-members

Central Area Senior Center Membership Meeting

Wednesday, November 20, 1:15-2:30pm in the Dining Hall

Join us to learn about the news and events at the CASC.

November Birthday Celebration

Lunch is on us for all November Born

Thursday, November 21, 11:45am-1pm, Community Dining; Celebration and Joy, \$5, free for the birthday guests.

Closed For Thanksgiving

The Central will be closed Thursday, November 28 and Friday, November 29.

Save-The-Date

Central Area Senior Center Holiday Gala Saturday, December 14

Enjoy fine food, great music and the Central's famous Holiday Dessert Dash

More details to follow.

-Selah Brown

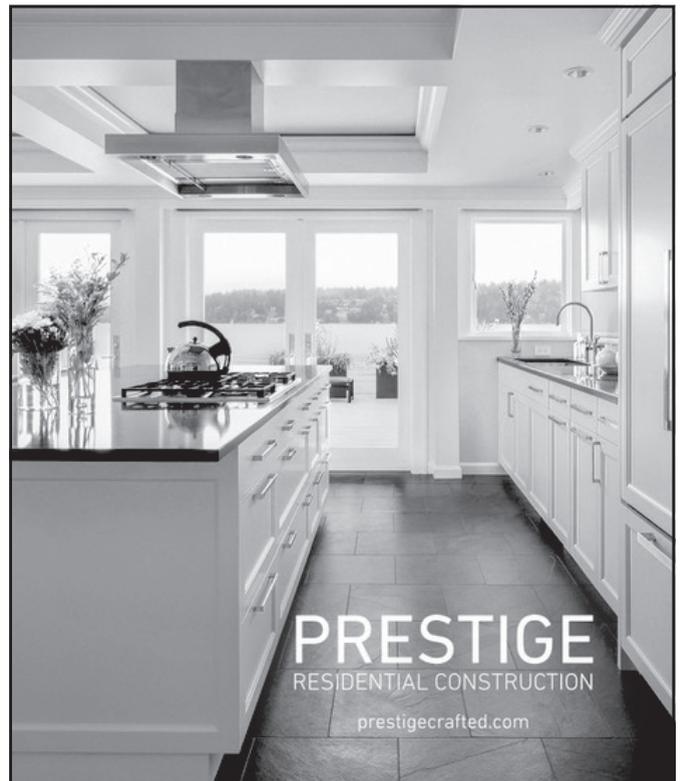
UPDATES FROM LESCHI ELEMENTARY

Upcoming Events:

November 2: Leschi Community Health Fair. All ages welcome from 10am to 3pm at the school. For more info call 1-800-756-5437.

- Free Health Screenings
- Dental Screenings
- Mammogram Screenings (call 1-800-756-5437 for appt.)
- Health Insurance Enrollment
- Orca Lift (Preloaded \$20.00)
- Cholesterol Testing

November 18-22 is Native American Heritage Week. Following the focus on the Nisqually leader Leschi (for whom our neighborhood and school are named) at the November 6 LCC meeting, lessons and special events in school will focus on Native American heritage, history, and present-day contributions in our neighborhood and the broader region. Copies of a pamphlet about Leschi are available at the school and online here: <https://tinyurl.com/yyjxlycf>.



November 18–22 is also American Education Week, when the 100+ educational support professionals who serve and support Leschi scholars and teachers will be honored and celebrated. We can't do it without you!

Keep up to date on upcoming events and news by visiting leschies.seattleschools.org and our Facebook page, facebook.com/leschischool.

~Benson Funk Wilder

GARFIELD COMMUNITY CENTER EVENTS

Free and Low-Cost Classes Available at Garfield Community Center

- Garfield Community Center is proud to offer a wide range of free and low-cost classes and activities for our neighborhood! Here is what is coming up in November and December:
- Boys and Girls Basketball, with teams for ages 6–17, is open for registration! Practices start December 6th. Seattle Parks and Recreation's Citywide youth Basketball Leagues provides young athletes the opportunity to learn and solidify basic skills and fundamentals of basketball in a recreational setting focused on sportsmanship and teamwork. Teams are grouped by age and ability. Cost is \$90 and includes instruction and games running through Mar. 2020.
- Tai Chi for Recovery is starting its second session for the Fall. Tai Chi for Recovery is aimed at improving health and circulation of energy using the principles of Qigong (energy-exercise). Movements are slow and fluid to help restore balance, stability, ease of movement and alignment. Classes for adults, 18+, run from Oct. 30 to Dec. 11, from 12:15–1pm on Wednesdays. Cost is \$60 for the 6-week session.

- Youth Development Tae Kwon Do for ages 5–17 has open enrollment throughout the year! This free martial arts class is run by Master Leon Preston, promotes positive behaviors that produce hard and soft life skills. Persistent positive feedback supports and reinforces educational achievement, behavioral change, and community building. We challenge our students to think critically and open their minds to change. Mondays and Wednesdays from 6–7:30pm; paperwork and registration is required to attend.
- Playful Dance with Moving Minds is a dance class for children ages 3–5 years old. Through active, imaginative, and multi-sensory play, young dancers become more confident in the basics and are introduced to more complex movement patterns and ballet-based vocabulary. Additionally, students will develop coordination, dance skills and stability. Cost is \$82 for 5 weeks, from Nov. 8 to Dec. 20.
- Formative Ballet with Moving Minds is a dance class for children ages 7–9 years old. Dancers build a foundational understanding of ballet technique and alignment focused on the individual's abilities. This class combines traditional ballet forms with creative dance concepts to help students cultivate their sense of artistry and self-confidence. Students will practice at the barre and floor exercises and explore choreography. Cost is \$91 for 5 weeks, from Nov. 8 to Dec. 20.
- The Marcus Garvey Book Club is free and meets on the 1st and 3rd Tuesday of the month to explore books focusing on local, cultural, historical and African American topics. Facilitators Reverend Harriett Walden and Eric Stark of the Family Empowerment Institute lead conversation.

Register for these and many other Seattle Parks and Recreation programs by going to www.seattle.gov/parks and selecting "Sign up for Classes and Activities." You can also register in-person at our Center. Winter Quarter classes will be available to view online on November 19th and registration begins on December 3rd. Financial Aid up to 50% for adults and 80% for youth is available: applications for scholarship can be found at all Community Centers. Scholarships require proof of income, such as a 1040 form, and take 2–6 weeks for processing (so apply early!). Finally, if you have any questions about programming at Garfield Community Center or any other SPR park or facility, please call us! We want to hear from you: 206-684-4788.

- Come join us! Be a part of the tradition and enjoy a full-scale Thanksgiving dinner with your community. Registration is not required. When: Thursday, Nov 21, 2019, 6:30–8:30pm; Where: Garfield Community Center; Who: All Ages Cost: Free! Volunteers and donations are welcomed for the event. Call us at 206-684-4788 if you are interested.

~Jennifer Romo,

Assistant Coordinator at Garfield Community Center

PACIFIC MUSICWORKS CONCERT AT EPIPHANY PARISH

The Art of the Fugue: Conversations in Counterpoint

A monumental testament of both the breadth of Baroque style and compositional art, Bach's final masterpiece comes to life in rich and revealing arrangements for period strings and organ, performed by several of Seattle's finest Baroque performers headed up by Caroline Nicolas, Stephen Creswell, and Tekla Cunningham

CAROLINE NICOLAS,
baroque cello and viola da gamba
Friday, Nov. 1, 7:30pm, Epiphany Parish, Seattle

Fionnuala O'Sullivan

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Culture Corner

“CULTURE IS LIVING”: THE NEW BURKE MUSEUM OF NATURAL HISTORY AND CULTURE

After a long gestation, the transformation of the old Burke Museum is like a chrysalis suddenly bursting forth into a dazzling architectural creation. This venerable 140-year-old institution, a source of inspiration to those who knew it, struggled to achieve its goals in a series of three inadequate structures where only a fraction of its holdings could be displayed. Despite the constraints, the luminaries of Burke Museum, especially Bill Holm and his successor, Robin Wright, along with many native collaborators, made enormous contributions to the study of the indigenous peoples of the Northwest, recording



The New Burke's Grand Atrium welcomes visitors with a mastodon, Baird's Beaked Whale skeleton, Credit : Mark Stone, courtesy Burke Museum of Natural History & Culture

history, analyzing art and disseminating knowledge. At the same time paleontologists revealed the region's prehistory. More school children visited the Burke than any other museum in Seattle.

Under the dynamic leadership of the director, Judith Stein, a building committee worked for ten years to realize a vision for the museum's future. They aimed to carry on the Burke's mission of research, preservation and education more effectively

in a purpose-built environment designed for public participation. They avoided the trap of hiring a superstar architect from far away to produce a provocative form. Instead, they commissioned an award-winning local architect Tom Kundig, who listened to them and responded by creating a simple, economical volume with a flexible interior.

The result is a world class museum that brings its collection to life and offers vivid interpretations. While the traditional museum displays and identifies objects, the new Burke is a place in which ideas, principles and connections lead the way. Large wall signs demonstrate the Burke's philosophy:

“Culture is living. From the time we are born to the time we pass we live our lives together connected to one another through community and culture.” “Life is linked. Every living thing plays a role to keep the ecosystem working smoothly.” “Traditions teach and ignite.” “We are responsible for our earth.” “Honor, learn, inspire, create.”

The Burke has always been a research institute, dedicated to the study of paleontology, archaeology, biology and the culture of our region. The expert staff worked in back rooms and basements, unseen by the public. But, in the new museum, everything is turned inside-out: labs and studios are open to view, interspersed with fascinating displays. Around giant skeletons flying overhead or works of Coast Salish art, we can watch paleontologists cleaning stone off fossils or fabric specialists restoring ancient weaving.

Demonstrating its deep commitment to the complex and urgent issue of native artifact restitution, such as stolen house posts and totem poles, a wall-sign boldly declares, “The Burke acknowledges the violent legacies of colonialism.” Among recent actions the museum returned artifacts to the Muckleshoot tribe as well as to Peru in 2014.



Children get a closer look at canoes and other watercraft in the new Culture is Living gallery. Image courtesy Dennis Wise, courtesy Burke Museum of Natural History & Culture

Contemporary art plays a key role. Most prominently, RYAN! Feddersen (Okanagen and Lakes) created the subtle *Synedoché*, “a cascade of transforming glyphs drawn from motifs in the Burke collection and the world at large” on a vast wall beside the staircase that rises through three stories.

Unlike conventional museums with a series of distinct rooms, each focusing on a category of exhibits, space in the Burke flows from one section to another. In fact, it is possible to see the entire length of the interior from the first-floor entry. A sense of transparency permeates the building. This allows thematic and visual intersections. Connecting inside and outside, the skeletons of a mammoth, giant sloth and saber-tooth tiger rear up against the background of trees. A few showcases are placed against walls in the conventional manner, but we can look through most of them to enticing sights beyond.

The Off the Rez Café, already renowned for its amazing food trucks, serves mouth-watering snacks and meals based on Indian traditions. In fine weather, it opens through an ingenious kinetic wall to outdoor seating in the plaza on the south side.

The new Burke Museum revitalizes the north-east corner of the campus where its forerunner lurked behind trees. Its rectilinear form exposing a black steel frame on the ground level is clad on the upper floors with sustainable scotch pine that will weather to a natural silvery color. A few tall, irregularly placed openings at the upper level supply daylight and views out.

The landscaping by Shannon Nichol features a camas prairie on the west side of the museum that will evoke the wild prairies that once covered much of the state. When it blooms purple in the spring it will offer a beautiful sight. 80,000 plants of sixty species native to Washington will complete the transformation of the site into a spectacular entrance to the campus, directly aligned with University district light rail station. The plaza will serve as a place for celebrations as well as parking. Indeed, it was the venue for a series of thrilling opening events from October 9th to 14th.

THE BURKE MUSEUM

4300 15th Ave NE, Seattle, WA 98105, 206-543-7907

Open daily 10am–5pm, First Thursdays 10am–8pm. Admission: Adults \$22; Seniors \$20; Youth 4–17 \$14; First Thursday Free.

burkemuseum.org

-Henry Matthews, Architectural Historian



Seeking Sustenance...

THANKFUL FOR WINE

Happy Thanksgiving Leschi! Leschi Market is your one-stop-shop for the upcoming holiday. Turkey, prime rib, Brussels sprouts, mashed potatoes, pecan pie and of course, wine! Here are six reds, two whites, and two pinks that are in good supply and sure to please the whole family. The Market will be well staffed to help you with all your needs. Don't forget the cranberries!

Red

2016 Château Fortia Châteauneuf-du-Pape Cuvée du Baron (\$42)

"Rocking aromas and flavors of garrigue, kirsch liqueur, dried flowers, and spice. Deep, medium to full-bodied, elegant and weightless on the palate, it's the finest example of this cuvée since the 2003. The blend is 55% Grenache, 30% Syrah, and 15% Mourvèdre. Despite the high Syrah part, it just screams Grenache." -Jeb Dunnuck, 94-points.

2016 Shulman Estate Betty Lou Red Wine Walla Wally Valley (\$40)

"This 100% Cabernet possesses all of the traits you have been looking for: poise, balance and elegance. Supple tannins, bright acid, and dark-red fruits with aromas of crushed berries and licorice. Subtle spice and smoke add to the complexity of this energetic ager. Proceeds from each bottle sold will be donated to City of Hope in loving memory of Leschi Market founders Betty Lou and S. Leonard Shulman." -Winemaker notes.

2018 Paetra Pinot Noir Eola Amity Hills Oregon (\$23)

"Our 2018 Paetra Pinot Noir is fresh and elegant with moderate alcohol and a long finish. It is very red-fruited (strawberry, raspberry) and aromatic with notes of rose and hibiscus. The best vintage of 2018 produced a special Pinot Noir of lighter and brighter character with soft tannins." -Winemaker notes.

2017 Lydian by Avennia GSM Columbia Valley (\$23)

First Release. The Lydian GSM is the first of a complete line up of wines that it will be releasing each year of second labels. "Fresh and lively on the palate, with strawberry, red cherry, and hints of savory earth, fresh mint, and lavender. A delicious wine. A blend of 53% Mourvèdre, 26% Syrah and 21% Grenache." -Chris Peterson, Winemaker.

2017 Leschi Cellars Pinot Noir Willamette Valley (\$20)

"Leschi Cellars is proud to introduce Pinot Noir to our stable of wines. This one of a kind Pinot Noir accurately captures the elegance and complexity created by the volcanic soils of Oregon. The blackberry and cherry aromas give way to finely developed tannins, mushroom and earth on the lengthy dry Burgundian finish." -Winemaker notes.

2017 Hand Work Red Tempranillo Castilla La Mancha Spain 1L (\$13)

The Tempranillo checks all the good boxes: It's organic, biodynamic, low sulfites, vegan and delicious! Juicy red fruit flavors are balanced with medium tannins to give it great structure. The gentle slope is covered in chalky clay and a fine layer of pebbles on the surface that capture and radiate the heat of the sun—a key benefit during the desert nights.

White

2018 Ross Andrew Pinot Gris Celilo Vineyard Columbia Valley (\$17)

"This lively and delicious Pinot Gris comes from one of the greatest vineyards in the PNW (Celilo Vineyard). It's like stuffing a Bosc pear, lemon zest, white peach, ginger and a few dashes of mineral in the bottle; resulting in fantastic aromatics. The palate is crisp, vibrant and refreshing. Enjoy!" -Winemaker notes. New vintage.

2018 Lobo Hills Dry Riesling Yakima Valley (\$16)

"The 2018 Dry Riesling comes from two Yakima Valley vineyards: Lonesome Springs Ranch 65% and Airport Ranch 35%. The wine truly reflects an Alsatian wine with a slight amount of sugar and a well-balanced acidity. The wine smells of white peach, apricot skins and honeysuckle blossoms; its flavors reflect apricot and pineapple." -Tony Dollar, Winemaker.

Rosé

2018 Bastide Blanche Rosé Bandol (\$22)

"Continuing its consistent excellence, this Domaine's 2018 Bandol Rosé looks to be another fine performance. Crushed stone, under-ripe peach and pineapple notes mark the nose, while the medium-bodied palate is creamy and rich, with just enough pepper and licorice-tinged spice on the finish to provide freshness and length." -Wine Advocate, 90-92-points.

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...in the Wilds of Seattle

2018 Tranche Cellars Pink Paper Rosé Yakima Valley (\$19)

“Pale salmon in color. Delicate aromas of mountain berry, white peach, citrus blossom and honeydew. The wine is bright and focused on the palate, with fresh citrus and stone fruit qualities underscored by a wet stone-like minerality. Driving acidity provides excellent focus and direction, drawing out the palate to a lingering, mouthwatering finish.” -Winemaker notes.

Kenneth Benner, a Seattle area native, is a trained chef and has worked in such restaurants as Barbacoa, B.O.K.A. Kitchen + Bar, and Dahlia Lounge. Ken is the wine buyer at Leschi Market. He has a passion for learning, a meticulous palate, and a tenacity for searching out the best for his customers while offering some of the most highly coveted wines in the area. His wine column is intended to inspire and explore new choices in wine, learn about wine with his readers, and share his knowledge and experiences in the wine world. Check out the latest at www.LeschiMarket.com or request to be added to email updates or send questions, comments, or suggestions to ken@leschimarket.com and follow the wine department directly on twitter at twitter.com/leschimarket.

MOLLY MOON ICE CREAM

The closer you get to Lake Washington, the closer you get to heaven. Except when it comes to ice cream.

The Leschi Market’s splendid new freezer cabinets (installed after an unfortunate encounter with an SUV in the parking lot which wanted to get “up close and personal”) have a broad selection.

But where’s Molly Moon?

Up the hill at 34th & Union, the Teslas are lined up around the block outside the world’s only combined laundromat and ice cream parlor.

We can “Meet the Moon” in Leschi: Why can’t we lick it too?

MOLLY MOON ICE CREAM

1408 34th Ave, 206-324-0753, open 2–10pm daily
mollymoon.com

*Our Roving Gourmet Malcolm Harker
Looking down on Leschi (but not in a patronizing way)*

SEOUL KOREAN BOWL CO.

Chuck’s CD hop Shop on Tuesdays 5–9pm
(notoriously subject to change; check the Internet)

On busy nights, sometimes a food truck is the answer and there is usually one at Chuck’s Hop Shop on Union. It is a way to sample food from other cultures without driving all over town. One such night, we obtained “bowls” from Seoul Korean Bowl Co. There is always white rice to start with and then you have 4 options: Korean Bulgogi (“fire meat”: Thin slices of marinated beef or pork grilled), Spicy Pork, bbq chicken and Fried Tofu. Then you choose from toppings (you may take all if you wish): Sweet Asian Salad,

Sweet Corn, Kimchi Cucumber, Pickled radish, Korean Kimchi, and Caramelized Onion. There are 2 additional toppings for an extra \$1.50 each: Soy Egg and Cheese Fall. None of us chose these so I can’t explain them.

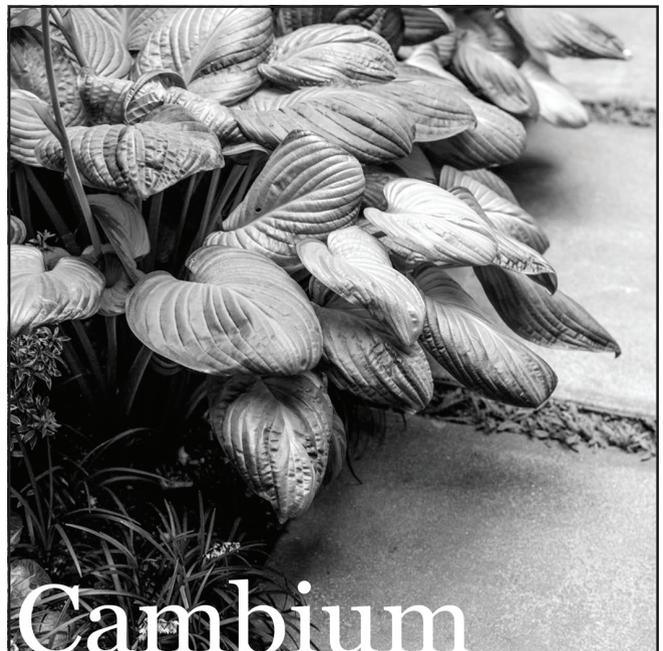
I had one veggie choice: the tofu and I selected the Sweet Asian Salad and Caramelized Onion for toppings. Husband chose the bbq chicken and Grandson chose the Spicy Pork and all the free toppings. He made the better choice as mine was bland as was the bbq chicken. The bowl is topped with Yum Yum sauce but no spice or heat there either. Tofu is bland and can take a lot of spice which was sadly lacking. We both used hot sauce from the frig to perk it up. Servings are generous; I saved half of mine for lunch the next day.

I was a little disappointed as usually everything we get at a food truck is nicely spiced but then, not knowing what we were doing was an issue. Ambiance? One either takes their food into Chuck’s and orders cider or beer or takes it home to eat in the same old ambiance with a dog looking on hungrily.

SEOUL KOREAN BOWL CO.

Seattle Food Truck: various locations.
253-298-2301, hours vary
seoulbowlco.com

-Diane Snell



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LESCHI COMMUNITY COUNCIL

Leschi Community Council Board Meeting 10.7.19

Attending: Janice Merrill Brown, Trevor Lalish-Menagh, Diane Snell

Treasury report; will be in Nov. newsletter; Janet in Portugal

Items left from September Board meeting:

1. Flo Ware event. Diane suggested that she and John draft an inclusive plan and run it by Katie Busby and then the Board as the two of us have a long history with Flo Ware programs. Board agreed.

2. Ad campaign: Janice suggested that she go after ads to make up the deficit in exchange for her ad free each month. We will work on a solution and bring it back to the Board.

November program: Who was Leschi? Presented by Leschi School

Janice needs STAR awards for Randy and Buzz who were unable to attend the meeting in May

Diane has been working with faculty and parents from Leschi School for the November program.

Dec. program: need someone to contact FOGO for Holiday program and someone to do food: Janice agreed to take this on.

Newsletter issues; still uncertain about moving to new format. Diane will need help picking up paper and going to Bulk Mail Center as she is still not cleared to drive. Janice can do both.

Janice rec'd two messages from concerned Leschi residents about a proposed mural on the big wall at Jackson and 31st St. This first came up at a CANDC meeting where the artists asked for support, but they had no clearance from SDOT. SDOT considered the "owner" of streets, sidewalks and retaining walls like these. Both Diane and Trevor were at this meeting but nothing more has transpired, and it was a surprise that folks were taking vegetation off the wall. SDOT seems to know nothing about it according to one resident. When

Leschi wanted to something with the proposed Lake Dell retaining wall, we worked with SDOT and were told that murals were off the table as the upkeep was too demanding. We were given the choice of a molded wall at great cost and a "living" wall of plants that would climb the wall (but not English ivy). We voted and opted for the living wall but in the end, construction of the wall did not allow a planting space in front of it. Nature seems to be taking over with plants creeping over the wall from the back with no LCC involvement.

Africatown is holding a candidate forum on Oct. 25 at the Senior Center and has requested that other organizations support them by promoting the event and bringing some refreshments. The Board agreed to that request. Janice has cookies left from our recent forum.

Meeting adjourned at 7:15pm.

-Respectfully submitted by Diane Snell

	Income	Expenses	Balance 9/30/2019
General Fund			
Ad Revenue	\$3,336.80		
Dues	\$1,900.00		
Donations	\$2,245.00		
Insurance		(\$757.00)	
Printing and postage		(\$5,377.33)	
Totals	\$7,794.30	(\$7,738.54)	\$12,833.71
Restricted Funds			
ArtWalk	\$3,545.00	(\$1,581.99)	\$1,912.32
Cherry Street Corridor			\$635.76
Flo Ware Park		(\$270.00)	\$753.98
Friends of Powell Barnett			\$1,068.06
Friends of Street Ends	\$300.00	(\$124.82)	\$885.59
Frink Park			\$2,067.60
King Street			\$1270.00
Leschi Gateway Project			\$347.39
Leschi Natural Area			\$4,845.39
Officer Brenton Fund			\$3,463.85
String of Pearls	\$200.00		\$2,130.38
SW Frink Park			\$1233.08
W. Vaughn			\$1200.00
Memorial Fund			\$3006.13
Wading Pool			\$201.64
Whitebear DreamCatcher			\$37,854.88
Totals	\$11,839.30	(\$9,715.35)	\$37,854.88
Certificate of Deposit			\$11,253.78

Support your community by joining the Leschi Community Council!

We create awareness of neighborhood issues so residents may make informed and effective decisions.

LCC joins with the Leschi Business Association on ArtWalk and Halloween Spooktacular

LCC supports the Instrumental Music Program at Leschi Elementary

LCC supports volunteer activities in our local parks and on our public stairways

LCC supports the Central (Central Area Senior Center)

LCC produces the Leschi News 10 times a year

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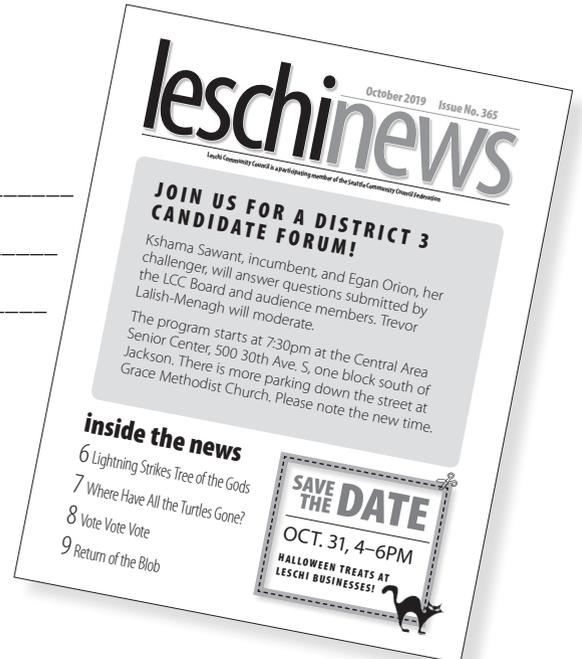
My check is enclosed: \$35 family membership \$25 individual membership

\$15 student/low income/ senior membership

I am making an additional donation for LCC work

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business card, \$35; 1/4 page, \$70;
1/2 page, \$140. Contact Diane Snell
at 206-726-0923 to advertise to
your community.**

leschinews

The next Leschi News deadline is **NOVEMBER 21**. Mail all articles, comments, letters, advertisements, and membership dues to this address:

Leschi Community Council, 140 Lakeside Ave Suite A #2, Seattle WA 98122-6538
or email Diane Snell at leschinews@comcast.net

Leschi Community Council is a participating member of the Seattle Community Council Federation.

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november 2019 | calendar

NOV 6 7:30pm. LCC Meeting: Who was Leschi? Presented by Leschi School. Central Area Senior Center

NOV 9 SNC Breakfast meeting at Central Area Senior Center; \$14 for hearty breakfast.

NOV 9 10am–1pm. Volunteer planting event at Colman Park. Visit colmanpark.org to register for event.

NOV 11 6pm. LCC Board meeting Central Area Senior Center

NOV 14 6pm. CANDC meeting Senior Center

NOV 15 6–9pm. Green Dolphin Nightclub featuring \$15 for Lifetime Members; \$20 for Annual Members and \$25 for non-members. Performing: Maurice Bailey. Appetizers, no-host bar, music and dancing.

NOV 20 1:15–3pm. Membership meeting at Central Area Membership Meeting

NOV 22 10am–4pm, and Nov 23 10am–3pm. Seward Park Audubon Center
Native plant Sale! This is a repeat of the successful October sale.

The November EastPAC meeting is cancelled and rescheduled for Dec.
5 as its regular meeting date would be on Thanksgiving.

Join us on Facebook:
LESCHI or see our website:
leschicommunitycouncil.org
or leschinews.com